

DARIEN POLICE DEPARTMENT

Community Information Bulletin

Serving and Protecting the City of Darien, Illinois



MAY IS MENTAL HEALTH AWARENESS MONTH



You Are Not Alone — Help Is Here

WHAT IS MENTAL HEALTH AWARENESS MONTH?

Recognized every May since 1949, Mental Health Awareness Month was established by Mental Health America to educate the public, reduce stigma, and connect individuals to the care they need. Mental health is essential to overall well-being — and seeking help is a sign of strength, not weakness. The Darien Police Department is committed to the mental health and wellness of every member of our community. This month — and every month — we encourage you to check in on yourself and those around you.



DPD'S POLICE SOCIAL WORKER

The Darien Police Department is proud to have a licensed social worker on staff — a resource designed to bridge the gap between public safety and community well-being.

Our social worker partners directly with officers to provide on-scene support, crisis intervention, and follow-up care for community members dealing with mental health challenges, substance use, domestic situations, and more. This collaborative approach helps ensure that residents receive the most appropriate care — not just a law enforcement response.

Our social worker can assist with:

- Mental health crisis intervention and follow-up
- Connecting individuals to local mental health services and resources
- Support for families navigating difficult situations
- Substance use guidance and referrals
- Victim assistance and trauma-informed support

To connect with our social worker, contact the non-emergency line: (630) 971-3999

RESOURCES & CRISIS LINES

988 Suicide & Crisis Lifeline: Call or text 988 — Available 24/7

Crisis Text Line: Text HOME to 741741 — Free, 24/7 text-based support

NAMI Helpline: 1-800-950-NAMI (6264) — Mon–Fri, 10am–10pm ET

DuPage County Health Dept. Behavioral Health: (630) 627-1700 | dupagehealth.org

Darien Police Dept. Social Worker: Contact via non-emergency line (630) 971-3999