

#### **DOWNERS GROVE TOWNSHIP CENTER**

4341 Saratoga Avenue Downers Grove, IL 60515

(630) 719-6670

www.myactivecenter.com/activities/4276:1

Registration for October programs opens on Tuesday, September 30 at 9:00am

DO NOT LEAVE A VOICEMAIL

The Downers Grove Township Center provides programs and services designed to enhance the quality of life for our senior citizens 55 years of age and over. These programs promote independence and wellness to help older adults in the community remain active and healthy.

We look forward to seeing you soon

#### Downers Grove Township Center 4341 Saratoga Downers Grove, IL 60515

#### **Senior Programs**

October 2025

Register at 630-719-6670 or myactivecenter.com/activities/4276:1



Monday		Tuesday		Wednesday			Thursday			Friday		
29 9:30 12:30	Men's Coffee & Conversation "Hello Pumpkin" Wreath Workshop*		1:00 Community Dining 2:30 Share the Love	1	9:30 11:00 12:30 3:00	Chair Yoga* Community Dining Chair Pilates Chair Yoga*	2	9:00 10:30 11:30 12:00 2:30	Just Us Seniors Spreading Sunshine 1 Relaxation Class Arthritis Seminar Games	3	1:30	Musical Jam
6 Senio	or Center Closed	12	30 Games & Crafts 1:00 Community Dining 2:30 Annuities Basics Seminar Games	8	9:30 11:00 11:00 12:30 3:00	Chair Yoga* Community Dining Medicare Presentation Bingo Chair Yoga*	9	9:30 11:30 2:30	Holiday Recipe Swap Senior Care Discussion Panel Games	10	11:30 1:30	Bunco Karaoke
	d in Observance Columbus Day	9:3 11 1:0 2:3	1:00 Community Dining  OO Ageless Agility*	15	9:30 11:00 12:30 1:30 2:15 3:00	Chair Yoga* Community Dining Alyssa Medicare Sing A Long Book Club Alyssa Medicare Chair Yoga*	16	9:30 12:00 2:00 2:30	Spreading Sunshine 2 SSS: Planning in your Golden Years Medicare Super Session Games	17		or Center Closed
9:30	Plant Propagation Class Cardmaking*	12 1:0	1:00 Community Dining 2:00 Medicare Review with Kily		9:30 11:00 1:00 3:00	Chair Yoga* Community Dining Line Dancing Chair Yoga*	23	11:00 2:00 2:30	"Let's Do Lunch" Potluck Medicare Super Session Games	24	12:00	Pumpkin Painting 1
27 10:00 1:00	Pumpkin Painting 2 Crafternoon: Halloween Gnomes*		1:00 Community Dining 2:00 Medicare Review with Kily 00 Ageless Agility*		9:30 11:00 12:30 3:00	Chair Yoga* Alan & Jimmy at Community Dining (Halloween) Wii & Ping Pong Chair Yoga*	30	12:00 2:30	Halloween Social Games	31	1:00	Popcorn Matinee



COME ENJOY LUNCH WHILE SOCIALIZING WITH OTHERS IN OUR COMMUNITY

### **Community Dining**

DuPage Senior Citizens Council will serve hot, nutritional meals to senior citizens 60+ on Tuesdays and Wednesdays from 11:00 am - 12:00 pm.

#### **Downers Grove Township Center**

4341 Saratoga Avenue Downers Grove, IL 60515

Meals are a suggested donation of \$5

REGISTER BY 10AM THE WEDNESDAY PRIOR AT 630-642-8517

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DuPage Senior Citizens Council COMMUNITY DINING MENU Downers Grove Township **OCTOBER 2025** (630) 642-8517

Contraction of the Contraction o		(030) 042-03	1 /		<b> </b>		
MONDAY	TUESDAY	WEDNESDAY		THURSDAY	FRIDAY		
		Salisbury Steak Mashed Potatoes Corn Whole Wheat Roll Pineapple Tidbits			Downers Grove Township Center 4341 Saratoga Ave Downers Grove, IL		
			1	2	3		
	Spaghetti & Meatballs Marinara Sauce Mixed Salad Greens Multigrain Bread Warm Peach Cobbler	Hamburger German Potato Salad Green Beans Wheat Hamburger Bun Apple Sauce					
6	,	7	8	9	10		
13	BBQ Riblet Oven Fries Broccoli Wheat Bun Whole Apple	Chicken Tortilla Soup Spanish Brown Rice Black Beans & Corn Tortilla Chips Chef's Fruit Oatmeal Cookie (*)	15	16	17		
20	Chicken Chardonnay Mashed Potatoes Broccoli Multigrain Bread Fresh Orange Chocolate Pudding (*)	Texas Chili Mac & Cheese Country Blend Veggies Multigrain Bread Fruit Cup	22	23	24		
	Turkey Pot Roast & Gravy Baked Potato Peas & Carrots Multigrain Bread Chef's Fruit	Spaghetti & Meatballs Marinara Sauce Broccoli Wheat Vienna Chilled Peaches			All Meals Include a Beverage (*) Substitutions for		
27	2	3	29	30	Diabetic 31		

MENU ITEMS SUBJECT TO CHANGE WITHOUT NOTICE DGTS

# PLEASE REGISTER IN ADVANCE FOR ALL EVENTS!

Visit myactivecenter.com/activities/4276:1 or call 630-719-6670.



Sign up early so you don't miss out! Waitlists will be formed once events reach capacity.

If you are unable to attend an event, kindly call and let us know so that we can accommodate others who are interested.

#### JUST A REMINDER

Township Center doors will be opened 30 minutes before the start time of an event.

REGISTRATION FOR OCTOBER
PROGRAMS OPENS ON TUESDAY,
SEPTEMBER 30 AT 9:00AM

DO NOT LEAVE A VOICEMAIL.

When visiting Downers
Grove Township you may
park in front of both the
Township Center building
(4341 Saratoga Avenue) or
the Administrative Offices
building (4340 Prince
Street). Additional parallel
parking is located on
Sherman Street. Please be
careful in our parking lot and
consider carpooling when
you can. Parking is limited!





#### **CHAIR YOGA (MORNING)**

Join us for a gentle exercise class focused on stretching and strengthening! This session includes both seated and standing chair yoga postures, designed to enhance your flexibility, mobility, relaxation skills, balance, and coordination. Come and experience the benefits of mindful movement in a supportive environment!

#### **Presented by MKH Yoga**

Wednesdays, October 1, 8, 15, 22, 29, 2025 9:30 AM - 10:30 AM Cost: \$5



#### **JUST US SENIORS**

Just Us Seniors is an opportunity for Senior Center patrons and Township staff to get together to discuss the current ideas, thoughts, opinions, issues, needs, and wants of the older adults that we serve. It's a great place to ask questions, get connected with resources, and bring new ideas to the table. Don't be shy...give it a try!

Thursday, October 2, 2025 9:00 AM - 10:00 AM

#### **CHAIR YOGA (AFTERNOON)**

Join us for a gentle exercise class focused on stretching and strengthening! This session includes both seated and standing chair yoga postures, designed to enhance your flexibility, mobility, relaxation skills, balance, and coordination. Come and experience the benefits of mindful movement in a supportive environment!

#### **Presented by MKH Yoga**

Wednesdays, October 1, 8, 15, 22, 29, 2025 3:00 PM - 4:00 PM Cost: \$5





Register at myactivecenter.com/activities/4276:1 or call 630-719-6670

Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



#### SPREADING SUNSHINE

Help give back to the community by volunteering! Each month we'll have a variety of projects available that will benefit local organizations in our area. Your efforts will make a positive impact on our community members.

**Presented by Laurie Tsukuno** 

Session 1: Thursday, October 2, 2025 10:30 AM - 11:30 AM

Session 2: Thursday, October 16, 2025 9:30 AM - 10:30 AM

#### **RELAXATION CLASS**

Come relax with us! Allow your cares to melt away as you practice calming breathing exercises, guided visualization, and other mindful techniques designed to reduce stress improve overall well-being.

In partnership with Metropolitan Family Services
Presented by Nate Underhile

1st Thursday of the month, October 2, 2025 11:30 AM - 12:00 PM

Downers Grove Township Board Room 4340 Prince St., Downers Grove, IL 60515





#### LIVING WELL WITH ARTHRITIS

Join us for an engaging and educational seminar presented by Julianne Rizzo, RN and owner of Oasis Senior Advisors, as she leads a discussion on Living Well With Arthritis. This session will cover important topics including the prevalence, symptoms, and causes of arthritis, as well as risk factors and available treatment options. Learn how nutrition, exercise, and simple daily living strategies can help you or a loved one manage arthritis and maintain quality of life.

Thursday, October 2, 2025 12:00 PM - 1:30 PM





## GAMES, CARDS, PING PONG, AND MORE!

Looking to play cards? Love to play board games? Want to play ping pong? We will have a variety of board games, puzzles, and playing cards, as well as a ping pong table available for play. Meet up with other seniors and enjoy a cup of coffee while you socialize. Feel free to invite a friend! \*Note: The Senior Center doors will open at 9:30 AM for this event. We will be closed for a staff meeting prior to that time. Thank you for your understanding.

Tuesdays, October 7, 14, 21, 28, 2025 9:30 AM - 10:30 AM and 2:30 PM - 3:30 PM Thursdays, October 2, 9, 16, 23, 30, 2025 2:30 PM - 3:30 PM



#### **OPEN CRAFTING**

Bring your craft projects from home and enjoy working with others who share your interests. We're looking for people interested in crafting, knitting, crocheting, scrapbooking, rubber stamping, quilting, painting ... Plenty of table space, coffee, and conversation will be provided. \*Note: The Senior Center doors will open at 9:30 AM for this event. We will be closed for a staff meeting prior to that time. Thank you for your understanding.

Tuesdays, October 7, 14, 21, 28, 2025 9:30 AM - 10:30 AM

#### **MUSICAL JAM**

Calling all musicians and music lovers! Do you play an instrument and want to jam with fellow seniors? Or perhaps you'd like to enjoy live performances from others. Join us for a lively jam session! Bring your instrument and a music stand, and if you have sheet music to share, feel free to bring that along as well. Come enjoy an afternoon of live music and camaraderie—let's make some beautiful sounds together!

Friday, October 3, 2025 1:30 PM - 3:30 PM



#### ANNUITIES BASICS SEMINAR

Secure your financial legacy today by signing up for this game-changing seminar on the basics of Annuities! You'll leave with a solid understanding of: what an annuity is and how it can provide you with supplemental retirement income beyond traditional retirement sources such as IRAs and 401(k)s, key features of immediate versus deferred annuities, how to put money into and take money out of an annuity, and the different types of payout options, as well as factors that affect payouts.

**Sponsored by Bank Financial** 

Tuesday, October 7, 2025 12:30 PM - 2:00 PM



Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



#### **BINGO**

Join us at the Township Center for an exciting afternoon of Bingo! This popular event fills up quickly, so be sure to sign up early! Enjoy the chance to win prizes while indulging in delicious dessert. Plus, we'll take a moment to celebrate all the special monthly birthdays. Don't miss out on the fun—come and be part of the festivities!

Sponsored by Clemens Enterprises
Presented by Alyssa Vejendla

Wednesday, October 8, 2025 12:30 PM - 2:00 PM





#### **HOLIDAY RECIPE SWAP**

We can't fit everyone at the holiday table — but we can help make sure everyone has something good on their plate. Let's spread the cheer (and the Pie)! Bring a paper copy of your favorite Thanksgiving, or a family favorite recipe to share with friends. Once you arrive, copies of each recipe will be made so everyone will go home with each recipe. Each person will have a chance to talk about the recipes that they brought and any tips or tricks that might be helpful. A light snack will be provided.

Thursday, October 9, 2025 9:30 AM - 10:30 AM

## SENIOR CARE DISCUSSION PANEL

Our panel of professionals will be moderated by **Michelle Tapnio**, New Perspective Senior Living, and includes:

- Margo Marasa, President, Allegiance Patient Advocacy
- Jennifer Martyn, Attorney, Guardianship, Downers Grove
- Susan Sinderson, Executive Director, Community Adult Day Center
- Gaye Wagner, Senior Care Advisor, AMADA Senior Care
- Gina Knight, President, Kastle Keeper, LLC.
- Kerry Quirin, Senior Living Advisor, Senior Living Experts
- Kerry Pritchard, MSW
- Lynette Cremerious, Hospice Specialist; Uchicago AdventHealth

Thursday, October 9, 2025 11:30 AM - 1:00 PM



#### **BUNCO**

Experience a lively afternoon of fun with our social group dice game—no skill required! It's a fast-paced game that guarantees lots of laughs and great company. Don't miss out on the excitement!

Prizes sponsored by Allison Green of Assisted Living Locators

Friday, October 10, 2025 11:30 AM - 1:00 PM



#### TRUNK OR TREAT

We need YOU to bring the fun by decorating your trunk and passing out candy to out trick-or-treaters. Get Creative, Get Spooky, And let's make this an unforgettable event!

Saturday, October 11, 2025 11:30 AM - 1:00 PM

#### **Off Site Event:**

Anne M. Jeans Elementary School Playground 16W631 91St, Willowbrook, IL 60527

#### **KARAOKE**

You don't need to be a pro to sing at Karaoke! Join us for this FUN and LOW PRESSURE opportunity to belt out your favorite tunes like a true rockstar. Sing with a friend, sing with a group, or, if you're comfortable, sing on your own! No judgment - just FUN!

Friday, October 10, 2025 1:30 PM - 3:00 PM





Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



#### AGELESS AGILITY

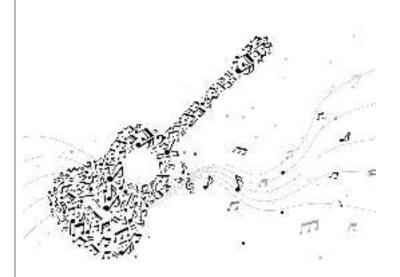
Imagine a workout perfectly tailored to you, designed to boost your balance and strength, helping you stay confident and unstoppable—both in the gym and in everyday life! Say goodbye to those wobbly moments and hello to a new level of stability. Our 35-minute strength and agility classes, **presented by Hustle Fitness**, are specifically designed for seniors and adaptable to various fitness and mobility levels. Each class is carefully crafted to strengthen your foundation and enhance your confidence with every move. \*Note, these are not seated workouts.

Tuesday, October 14, 21, 28, 2025 1:00 PM - 1:35 PM Cost: \$5

#### SING A LONG

Join us for a traditional Sing-a-Long session to unleash your inner songbird with some classics. A binder with words to each song will be provided. Songs will be accompanied and led by Bob Jerosky. Song requests are always welcome.

Wednesday, October 15, 2025 12:30 PM - 1:30 PM







## SSS: ESTATE PLANNING IN YOUR GOLDEN YEARS

Join us for an informative session with **Ken Norkus**, who will guide you through key estate planning topics like: What are POA's, TOD's, POD's, TODI's, etc. What does a Trustee do? What is an Executor? Whether you're planning for yourself or a loved one, this session will help you make informed decisions for the future. Lunch will be served.

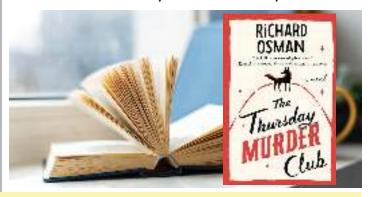
Thursday, October 16, 2025 12:00 PM - 2:00 PM

#### **BOOK CLUB**

Join us for our book club meeting and dive into engaging literary discussions! We look forward to sharing insights and connecting over great reads! October's book is *The Thursday Murder Club* by Richard Osman. \*Please note that the Township is no longer providing books for book club; each member is responsible for getting their own copy. \*Book club meets in the board room!

Wednesday, October 15, 2025 1:30 PM - 2:30 PM

Downers Grove Township Board Room 4340 Prince Street, Downers Grove, IL 60515





#### **MEDICARE** SUPER **SESSION**

Alyssa Vejendla, our famous "Bingo/Medicare lady" from Clemens Enterprises, will be available between the hours of 2:00 pm and

4:00 pm in the Downers Grove Township Board Room to answer Medicare questions and help you compare your current plan with new plans to ensure the one you choose for 2026 will give you the best benefits to suit your individual needs. Please bring a current list of your doctors and medications with you. First come, first served. No registration required.

> Thursdays, October 16 & 23, 2025 November 6 & 13, 2025 2:00 PM - 4:00 PM

**Downers Grove Township Board Room** 4340 Prince Street, Downers Grove, IL 60515



#### **CARDMAKING CLASS**

Grab a spot before they're gone for this incredibly popular cardmaking class. You'll learn to make your own homemade greeting cards using a variety of rubber stamping and paper crafting techniques. guided by instructor Lou Smolinski. By the end of class, you'll have a handcrafted masterpiece that you may want to keep for yourself! This class fills up fast and does not disappoint.

> Monday, October 20, 2025 1:00 PM - 3:00 PM

Cost: \$5

#### PLANT PROPAGATION CLASS: TRADESCANTIA ZEBRINA **EDITION**

Join us for a hands-on class where you'll learn how to propagate the vibrant Tradescantia zebrina, aka Inch Plant, aka Wandering Dude plant! We'll provide a cutting, a pot and soil for growing, and easy-to-follow instructions on how to care for your new greenery through the winter. As the colder months roll in, bring some fresh air and color indoors-because we could all use a little green right now!

> Monday, October 20, 2025 9:30 AM - 11:00 AM



#### **MEDICARE BENEFITS REVIEW SESSIONS WITH KILY**

Would it be helpful to sit with someone one-on-one to help you review your Medicare benefits? Kily Malden-Adams from Humana will be happy to help! Kily will be in our board room (4340 Prince Street) between the hours of 12pm and 2pm. First come, first served. Please bring all applicable paperwork with you. No registration required.

Tuesdays, October 21, 28, & November 4, 2025 12:00 PM - 2:00 PM

**Downers Grove Township Board Room** 4340 Prince St., Downers Grove, IL 60515



Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



#### LINE DANCING

Put a fresh twist on line dancing with upbeat music! Learn easy, fun routines in a friendly, high-energy class—no partner or experience needed. Just bring your enthusiasm and get ready to groove!

**Sponsored by Humana** 

Wednesday, October 22, 2025 1:00 PM - 2:00 PM



#### **PUMPKIN PAINTING (CLASS 1)**

It's time to squash some boredom and paint your way into the Halloween spirit! Join us for a gourd-geous pumpkin painting party — no carving, just creativity. Two class times available - *Please Sign up for only one*. Spots are limited, so don't ghost on this opportunity!

Pumpkins can be left at the Senior Center & entered into the contest where voting will take place during our Halloween Social on Oct. 30th. The winner will be announced during the Halloween Social.

**Sponsored by Lacey Creek** 

Friday, October 24, 2025 12:00 PM - 2:00 PM

#### "LET'S DO LUNCH" POTLUCK

Lunch is much more fun with friends... LOTS of friends! Join us for a lively potluck where everyone brings something to savor - whether it's an entrée, fresh fruit, crisp veggies, a tasty side, or a sweet treat. Together, we'll build a spread as colorful and fun as the conversations around it. Bring a dish, bring a smile, and let's do lunch - community style! Call (630) 719-6670 to register and let us know what dish you're bringing. Time to prepare, cut, chop, and plate foods will be from 11 am to 12 pm. Food will be served and enjoyed from 12 pm to 2 pm.

\*Please note that all food must be store-bought or prepared in a commercial kitchen to comply with food safety guidelines.

> Thursday, October 23, 2025 11:00 AM - 2:00 PM







#### **PUMPKIN PAINTING (CLASS 2)**

It's time to squash some boredom and paint your way into the Halloween spirit! Join us for a gourd-geous pumpkin painting party — no carving, just creativity. Two class times available - *Please Sign up for only one*. Spots are limited, so don't ghost on this opportunity!

Pumpkins can be left at the Senior Center & entered into the contest where voting will take place during our Halloween Social on Oct. 30th. The winner will be announced during the Halloween Social.

#### **Sponsored by Home Helpers**

Monday, October 27, 2025 10:00 AM - 12:00 PM

## CRAFTERNOON: HALLOWEEN GNOMES

Gnome-Sweet-Gnome:
Halloween Crafting Fun!
Join us for a gnome-tastic
time as we whip up some
spooky (but adorable!)
Halloween gnomes! We'll
provide all the materials
– you bring the creativity
and a sprinkle of mischief.
No tricks, just treats and
crafty fun!!

Presented by Corrine Butler



Photo Credit: It's Always Autumn

Monday, October 27, 2025 1:00 PM - 3:00 PM Cost: \$5



## ALAN & JIMMY AT COMMUNITY DINING (HALLOWEEN)

During Community Dining, enjoy music from a time when we were young and the music was great. Alan and Jimmy played 60's music in high school and college. They took a long (38 year) break to focus on family and careers but now they are back, providing entertainment to seniors during Community Dining!

Wednesday, October 29, 2025 11:00 AM - 12:00 PM





#### **NINTENDO WII & PING PONG**

Looking for a fun and friendly way to stay active and social? Join us for Nintendo Wii & Ping Pong Open Play at the Downers Grove Township Senior Center! Whether you're a seasoned pro or just trying something new, this is a great opportunity to get moving, challenge your hand-eye coordination, and enjoy some lighthearted competition with friends.

> Wednesday, October 29, 2025 12:30 PM - 2:00 PM



#### **POPCORN MATINEE**

Join us for a spooktacular afternoon with popcorn, laughs, or a little fright as we vote by show of hands on which Halloween movie to watch: Adam Sandler's hilarious *Hubie Halloween* (2020) or the darkly romantic classic *Bram Stoker's Dracula* (1992). Costumes are welcome (but not required) and spooky spirit is encouraged! Come for the movie, stay for the popcorn and fun with friends!

Friday, October 31, 2025 1:00 PM - 3:00 PM

#### HALLOWEEN SOCIAL

Celebrate the spooky season with us! Enjoy a howlingly delicious lunch, spooky treats, a lively costume contest, raffle giveaways, and interactive games with just enough mayhem! Come in costume or just come for the laughs — it's all about the tricks, treats, and togetherness!

Thursday, October 30, 2025 12:00 PM - 2:00 PM



#### **AARP SAFE DRIVER COURSE**

This 2-day course teaches proven driving techniques to help keep you and your loved ones safe on the road. Additionally, you could be eligible for a multi-year discount on your auto insurance. Bring cash or check to the first day of class. Please bring your own lunch. Light refreshments will be provided. Must call (630) 719-6670 to register.

**Presented by Debbie DiPasquale** 

Monday & Wednesday, November 17 & 19, 2025 10:00 AM - 2:00 PM

\$20 AARP Member \$25 non-member

Downers Grove Township Board Room 4340 Prince Street, Downers Grove, IL 60515



Register at myactivecenter.com/activities/4276:1 or call 630-719-6670

Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



#### **EVERYONE IS GOOD AT SOMETHING!**

The Senior Center is looking for volunteer teachers and presenters. Some of our most popular classes are taught by people who frequently hang out at the Senior Center and attend programs...that's what makes it so special!!!! If you have a hobby, talent, or expertise that you're willing to share, please call Sarah at (630) 719-6685.











## HOW TO REGISTER FOR FEE-BASED ACTIVITIES:

- **1. FIND THE ACTIVITY:** Look for activities marked with a green dollar sign on My Active Center. This indicates they have a nominal fee.
- 2. CHECK THE PRICE: Once you click on the activity, you'll see the price displayed in green text on the activity page.
- 3. ADD TO CART: Click "Add to Cart" to proceed. The subtotal will be shown.
- 4. GO TO YOUR CART: Open your cart to review your selection. Here, you can click the green box that says "Pay for Selected Items."
- **5. ENTER PAYMENT INFORMATION:** A pop-up will appear where you can enter your credit card details.
- **6. CONFIRM PAYMENT:** After entering your payment information, your receipt will be displayed.
- 7. OPTIONS AFTER PAYMENT: From the receipt screen, you can:
  - Print your receipt.
  - View your schedule.
  - Return to browsing for more activities.
- **8. CALL THE TOWNSHIP** at 630-719-6670 if unable to register on My Active Center for assistance in registering for Fee-Based Activities.

#### 2025 SENIOR ADVISORY COMMITTEE **MEETING SCHEDULE**

1st Monday of every month from 1:30-2:30 PM **Downers Grove Township Center** 4341 Saratoga Ave. **Downers Grove, IL 60515** 

No Meeting in July January 6, 2025

**February 3, 2025** August 4, 2025

September 8, 2025 March 3, 2025

(2nd Monday due to Labor Day) April 7, 2025

October 6, 2025 May 5, 2025

November 3, 2025

June 2, 2025 December - Holiday meetup

#### 2025 DOWNERS GROVE TOWNSHIP BOARD **MEETING SCHEDULE**

3rd Monday of every month (as of July) at 7:00 PM **Downers Grove Township Center** 4341 Saratoga Ave. **Downers Grove, IL 60515** 

**January 16, 2025** July 21, 2025

February 27, 2025 August 18, 2025

(4th Thursday) September 15, 2025

March 20, 2025

October 20, 2025 April 17, 2025

November 17, 2025 May 15, 2025

December 15, 2025

June 26, 2025

(4th Thursday)

# DOWNERS GROVE TOWNSHIP









Supervisor's Office Assessor's Office Highway Department

## WHAT WE OFFER

- 🔇 Senior Center Programs
- Community Dining
- Dial-A-Ride
- 🔇 RTA Applications
- 🔇 Medical Lending Closet
- Cemeteries
- Benefit Access Applications

- Voter Registration
- Notary Services
- Passport Applications
- General Assistance
- Youth Services
- Resource and Referral Information

Contact Us



(630) 719-6670



www.dgtownship.com

4340 Prince Street, Downers Grove, IL 60515

















#### FOR INDIVIDUALS LIVING WITH DEMENTIA AND THEIR CARE PARTNERS

These Memory Cafe's deliver curated, intellectually engaging classes tailored to those with memory and language difficulties who are looking for a sense of community. The classes immerse participants in activities that promote engagement, socialization, and intellectual stimulation.

#### FIRST TUESDAY OF THE MONTH

1 to 2:30 p.m.

Multipurpose Room #1, Fort Hill Activity Center
20 Fort Hill Dr., Naperville
To register for the cafes, send a message to
dementiafriendlynaperville+info@gmail.com
or call Lisa Kirchner at 630-710-7502

#### SECOND TUESDAY OF THE MONTH

2 to 3:30 p.m.

Meeting Room A/B, Naperville Public Library,
95th Street Branch
3015 Cedar Glade Dr., Naperville
To register for the cafés, send a message to
dementiafriendlynaperville tinfo@gmail.com
or call Lisa Kirchner at 630-710-7502

#### SECOND TUESDAY OF THE MONTH

2 to 3:00 p.m.
Terra Vista Oakbrook Terrace
1635 S. Ardmore Ave, Oakbrook Terrace IL. 60181
To register, go to:
info.terravista.org/memorycafebirds
or call 630-534-0886

#### THIRD MONDAY OF THE MONTH

1-2:00pm Westmont Library 428 N. Cass Ave RSVP to 630-869-6150

#### THIRD MONDAY OF THE MONTH

1:30 - 3:00 PM Elmhurst Library 125 S. Prospect Ave. RSVP: http://elmlib.org/MemoryCafe

#### FOURTH WEDNESDAY OF THE MONTH

2-3:00pm Hinsdale Library 20 E, Maple Ave. RSVP to 630-986-1976



#### DOWNERS GROVE TOWNSHIP ELECTED OFFICIALS

**Supervisor** Kim Savage

**Assessor** Gregory A. Boltz

Highway Commissioner Tom Chlystek

> **Clerk** Mandy Roudebush

#### **BOARD OF TRUSTEES**

Kevin Szczerba Karol Sole Michelle Moreno Richard Friel

#### **STAY CONNECTED!**

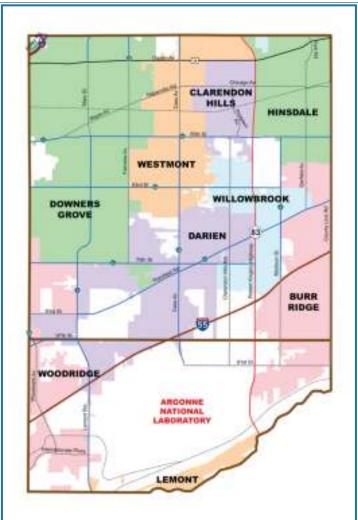
Follow us on Facebook: www.facebook.com/dgtownship

Follow us on Nextdoor: www.nextdoor.com

Sign up for our monthly newsletter Email: humanservices@dgtownship.com

Visit our website: www.dgtownship.com/senior-services/





#### **Downers Grove Township Boundaries**

Downers Grove Township is the largest township in DuPage County and covers the following areas: east to County Line Road, west to Woodward Avenue, north to 39th Street and south to the I&M Canal. Located in the southeast corner of DuPage County, the Township's jurisdiction includes the communities of

Burr Ridge
Clarendon Hills
Hinsdale
Darien
Downers Grove
Lemont
Westmont
Willowbrook
and Woodridge