

APRIL 2026



**DOWNERS GROVE TOWNSHIP
SENIOR PROGRAMS**

DOWNERS GROVE TOWNSHIP CENTER
4341 Saratoga Avenue
Downers Grove, IL 60515

(630) 719-6670

www.myactivecenter.com/activities/4276:1

**Registration for April programs opens on
Tuesday, March 24 at 9:00am
DO NOT LEAVE A VOICEMAIL**

The Downers Grove Township Center provides programs and services designed to enhance the quality of life for our senior citizens 55 years of age and over. These programs promote independence and wellness to help older adults in the community remain active and healthy.

We look forward to seeing you soon!

Downers Grove Township Center
4341 Saratoga
Downers Grove, IL 60515

Senior Programs

April 2026

Register at 630-719-6670 or
myactivecenter.com/activities/4276:1



Monday	Tuesday	Wednesday	Thursday	Friday
30 12:00 Laura Ingalls Wilder Presentation at DG Public Library 2:00 Scam Prevention	31 9:30 Games & Crafts 11:00 Community Dining 1:00 Bingocize 2:30 Games	1 9:30 Chair Yoga* 11:00 Community Dining 12:30 Pet Friendly First Aid 3:00 Chair Yoga*	2 9:30 Spreading Sunshine 1 11:30 Relaxation Class 1:00 Bingocize 2:30 Games	3 1:30 Musical Jam Saturday, April 4 11:00 Papa's Pizza Brunch Meet Up
6 No Downers Grove Township Center Programs Senior Center Coordination Time	7 9:30 Games & Crafts 11:00 Community Dining 1:00 Bingocize 2:30 Games	8 9:30 Chair Yoga* 11:00 Alan & Jimmy at Community Dining 12:30 Bingo 3:00 Chair Yoga*	9 9:00 Men's Coffee & Conversation Westmont 9:30 Resource Rally 10:00 Caregiver Support Group 11:30 Mindfulness 12:00 SSS: Medication Management 2:30 Games	10 12:30 Baseball Social
13 9:00 Just Us Seniors 10:30 Meet & Greet the Sheriff's Township Liaison 12:00 Your Life Story Workshop	14 9:30 Games & Crafts 11:00 Community Dining 1:00 Bingocize 2:30 Games	15 9:30 Scrabble Party 11:00 Community Dining 12:30 Sing-A-Long 1:30 Book Club 3:00 Senior Strength Training*	16 9:30 Spreading Sunshine 2 11:00 Trivia Time 1:00 Bingocize 2:30 Games	17 9:30 Veterans Coffee, Conversation, & Resource Rally 11:30 Bunco 2:00 Acoustic Jam
20 10:00 AARP Smart Driver** 1:00 Popcorn Matinee	21 9:30 Games & Crafts 11:00 Community Dining 1:00 Bingocize 2:30 Games	22 10:00 AARP Smart Driver** 11:00 Community Dining 12:30 Give & Take Bonanza 3:00 Senior Strength Training*	23 9:30 Community Volunteer Fair 10:00 Caregiver Support Group 11:30 Mindfulness 1:00 Bingocize 2:30 Games	24 No Downers Grove Township Center Programs 8:00 AM - 5:00 PM BLOOD DRIVE
27 10:00 Art of Quilling: Rolling into Spring 1:30 Crafternoon: From Drawer to Decor*	28 9:30 Games & Crafts 11:00 Community Dining 1:00 Bingocize 2:30 Games	29 9:00 Kentucky Derby Hat Making* 11:00 Community Dining 12:30 Wii Wednesday 3:00 Senior Strength Training*	30 12:00 Kentucky Derby Social with DG Park District at DG Township Center	1

* \$5 cost to participate
** Fee to participate

Registration for April programs opens Tuesday, March 24 at 9:00am

To learn more visit: www.dgtownship.com/senior-services/



COME ENJOY LUNCH WHILE SOCIALIZING WITH OTHERS IN OUR COMMUNITY

Community Dining

DuPage Senior Citizens Council will serve hot, nutritional meals to senior citizens 60+ on Tuesdays and Wednesdays from 11:00 am - 12:00 pm.

Downers Grove Township Center
4341 Saratoga Avenue
Downers Grove, IL 60515

A donation of \$5.00 is requested

REGISTER BY 10AM THE WEDNESDAY PRIOR AT 630-642-8517



DuPage Senior Citizens Council
Providing Meals and More...

COMMUNITY DINING MENU

Downers Grove Township
APRIL 2026

(630) 642-8517

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Pizza Calzone Broccoli Sicilian Blend Veggies Mixed Salad Greens Mixed Fruit 1	2	3
	Beef French Dip w/Mushrooms & Onions Oven Fries Corn Whole Wheat French Roll Whole Apple 6	Lasagna w / Meat Sauce Squash Medley Italian Green Beans Whole Wheat Vienna Bread Chilled Pears 8	9	10
	Hamburger Bean Casserole Mixed Veggies Whole Wheat Bun Fruit Sunburst (*) 13	COLD MEAL BLT Chicken Salad Mixed Salad Greens/Tomato Tri Bean Salad Corn Bread Mandarin Oranges 15	16	17
	Eggs / Biscuit & Gravy (Turkey Sausage) Diced Hash Browns Apple Cobbler Juice Banana 20	Slow Roasted Beef Au Gratin Potatoes Carrots & Chives Whole Wheat Dinner Roll Mixed Fruit 22	23	24
	Italian Sausage / Marinara Scalloped Potatoes Brussels Sprouts Whole Wheat Sausage Bun Fresh Melon 27	BBQ Pulled Chicken Cheddar Mashed Potatoes Broccoli Whole Wheat Sandwich Bun Chilled Pears 29	30	All Meals Include a Beverage (* Substitutions for Diabetic

MENU ITEMS SUBJECT TO CHANGE WITHOUT NOTICE DGTS

PLEASE REGISTER IN ADVANCE FOR ALL EVENTS!

Visit myactivecenter.com/activities/4276:1 or call 630-719-6670.



Sign up early so you don't miss out! Waitlists will be formed once events reach capacity.

If you are unable to attend an event, kindly call and let us know so that we can accommodate others who are interested.

JUST A REMINDER

Township Center doors will be opened 30 minutes before the start time of an event.

REGISTRATION FOR APRIL PROGRAMS OPENS ON TUESDAY, MARCH 24 AT 9:00AM

DO NOT LEAVE A VOICEMAIL.

When visiting Downers Grove Township you may park in front of both the Township Center building (4341 Saratoga Avenue) or the Administrative Offices building (4340 Prince Street). Additional parallel parking is located on Sherman Street. Please be careful in our parking lot and consider carpooling when you can. Parking is limited!





MORNING CHAIR YOGA

Join us for a gentle exercise class focused on stretching and strengthening! This session includes both seated and standing chair yoga postures, designed to enhance your flexibility, mobility, relaxation skills, balance, and coordination. Come and experience the benefits of mindful movement in a supportive environment!

Presented by MKH Yoga

Wednesdays, April 1 & 8, 2026
9:30 AM - 10:30 AM

Cost: \$5

PET FRIENDLY FIRST AID WITH DUPAGE ANIMAL SERVICES

Basic Pet First Aid – Learn how to tend to your pet in a crisis. This presentation will cover preventative care, how to treat wounds, broken bones, choking, and more. Laura Winnie will also discuss fostering with DCAS for cats, dogs, and small animals. Time will be allotted for Q&A.

Wednesday, April 1, 2026
12:30 PM - 2:00 PM



SPREADING SUNSHINE: VOLUNTEER PROJECTS

Help give back to the community by volunteering! Each month we'll have a variety of projects available that will benefit local organizations in our area. Your efforts will make a positive impact on our community members.

Session 1: Thursday, April 2, 2026
Session 2: Thursday, April 16, 2026
9:30 AM - 10:30 AM



AFTERNOON CHAIR YOGA

Join us for a gentle exercise class focused on stretching and strengthening! This session includes both seated and standing chair yoga postures, designed to enhance your flexibility, mobility, relaxation skills, balance, and coordination. Come and experience the benefits of mindful movement in a supportive environment!

Presented by MKH Yoga

Wednesdays, April 1 & 8, 2026
3:00 PM - 4:00 PM

Cost: \$5

Register at myactivecenter.com/activities/4276:1 or call 630-719-6670

Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



RELAXATION CLASS

Feeling stressed? Come relax with us! Allow your cares to melt away as you practice calming breathing exercises, guided visualization, and other mindful techniques designed to reduce stress and improve overall well-being. ****Relaxation class has been moved to the Senior Center for 2026**

**In partnership with Metropolitan Family Services
Presented by Nate Underhile**

**1st Thursday of the month, April 2, 2026
11:30 AM - 12:00 PM**



GAMES, CARDS, PING PONG, & MORE!

Games, Ping Pong, and Puzzles, oh my! If you're looking for a fun afternoon with a dash of friendly competition, join us for afternoon games! Whether you prefer to play board games with a group, ping pong with the regulars, or "socially introvert" by working on a puzzle, we have something for everybody.

**Tuesdays, April 7, 14, 21, 28, 2026
Thursdays, April 2, 9, 16, 23, 2026
2:30 PM - 3:30 PM**

BINGOCIZE

Bingocize for falls prevention: We will meet for 2 classes each week for 10 weeks for a total of 20 classes. Each class will consist of playing Bingo, some light exercises, and health education related to fall prevention. Exercises can be easily modified for anyone to participate. There is no cost to attend and there will be prizes awarded often.

****registration for this program is now closed.****

**Tuesdays: April 7, 14, 21, 28, 2026
Thursdays: April 2, 16, 23, 2026
1:00 PM - 2:00 PM**



PAPA'S PIZZA BRUNCH MEET UP

Start your morning with good food and even better company! Whether you are interested in sharing a pie or trying their chicken sandwich, **Papa's Pizza Place** has a variety of options. The Township invites you to come and join us for Brunch! This is a wonderful opportunity to enjoy a local restaurant and possibly meet new faces. ***Separate checks, registration is required. The Township will be making all the arrangements. This is an individual meet-up, no transportation is provided.**

**Saturday, April 4, 2026
11:00 AM - 12:00 PM**

Offsite Event

**Papa's Pizza Place
8258 Janes Avenue, Woodridge, IL 60517**



Register at myactivecenter.com/activities/4276:1 or call 630-719-6670



MUSICAL JAM

Calling all musicians and music lovers! Do you play an instrument and want to jam with fellow seniors? Or perhaps you'd like to enjoy live performances from others? Join us for a lively jam session! Bring your instrument and a music stand, and if you have sheet music to share, feel free to bring that along as well. Come enjoy an afternoon of live music and camaraderie—let's make some beautiful sounds together!

**Friday, April 3, 2026
1:30 PM - 3:30 PM**

GAMES & OPEN CRAFTING

Calling all early birds! Meet up with us on Tuesday mornings for some coffee, camaraderie, gaming, and crafting! We have a variety of board games, playing cards, American and Chinese Mahjong sets, puzzles, and craft supplies to choose from. This is also a great time to bring your own supplies, games, and projects from home to work on while hanging out with great people and starting your day off right.

**Tuesdays, April 7, 14, 21, 28, 2026
9:30 AM - 10:30 AM**



BINGO

Come to the Downers Grove Township Center for a fun afternoon of Bingo! This is the most popular event, so sign up early! Prizes will be awarded, and dessert will be served. Don't forget - we will celebrate all of the special monthly birthdays!

**Wednesday, April 8, 2026
12:30 PM - 2:00 PM**



ALAN & JIMMY AT COMMUNITY DINING

During Community Dining, enjoy music from a time when we were young and the music was great. **Alan and Jimmy** played 60's music in high school and college. They took a long (38 year) break to focus on family and careers but now they are back, providing entertainment to seniors during Community Dining!

**Wednesday, April 8, 2026
11:00 AM - 12:00 PM**





MEN'S COFFEE AND CONVERSATION

Be a part of Coffee and Conversation, an exclusive gathering for men! Enjoy a warm cup of coffee while engaging in lively discussions on topics that matter to you—from sports and hobbies to personal experiences and current events. This is a great opportunity to connect with other guys, share your thoughts, and build camaraderie in a relaxed setting. Whether you're here to chat or listen, your voice is welcome.

**Thursday, April 9, 2026
9:00 AM - 10:30 AM**

CAREGIVER SUPPORT GROUP

Our new Caregiver Support Group offers a warm and welcoming place for those caring for aging loved ones to connect and feel supported. **Led by Nate Underhile from Metropolitan Family Services**, this group is designed for adults caring for aging parents, spouses, and long-distance caregivers of seniors age 60+, including those supporting loved ones living with Alzheimer's disease or dementia. In a relaxed, understanding setting, participants can share experiences, talk through caregiving challenges, learn to balance their own needs with those of their loved ones, and discover helpful tips and resources. Most importantly, it's a chance to connect with others who understand the caregiving journey and remind you that you're not alone. The group meets in the Board Room at our 4340 Prince Street building on the 2nd and 4th Thursday of each month.

**Thursdays, April 9 & 23, 2026
10:00 AM - 11:15 AM**

**DG Township Board Room
4340 Prince Street, Downers Grove, IL**

WESTMONT CHAMBER SENIOR RESOURCE COMMITTEE PRESENTS... RESOURCE RALLY AND BINGO BASH AT WESTMONT PARK DISTRICT

Come for Bingo and stay for informational senior resources and giveaways. Bring a friend! Reserve your spot! Seating is limited. ***Wcctb@westmont.chamber.com*** or call **630-719-6670** Please identify which Bingo session you would like to attend.

- 9:30 AM** Doors Open
- 10:00 AM** First Bingo Session
- 10:45 AM** Break
- 11:15 AM** Second Bingo Session

**Thursday, April 9, 2026
Doors Open 9:30 AM**

**Offsite Event
Westmont Park District
75 E. Richmond Street, Westmont, IL**

MINDFULNESS

Step into a space of tranquility. Join us in practicing calming breathing exercises, guided visualization, and mindful techniques that are designed to reduce stress and elevate your overall well-being. ****The mindfulness class will take place at the Board Room, located at 4340 Prince St., Downers Grove, IL.** Seize this opportunity to invest in yourself and embrace your peace of mind!

In partnership with Metropolitan Family Services

**Thursday, April 9 & 23, 2026
11:30 AM - 12:00 PM**

**DG Township Board Room
4340 Prince Street, Downers Grove, IL**



Register at myactivecenter.com/activities/4276:1 or call 630-719-6670



SSS: MEDICATION MANAGEMENT MADE SIMPLE

This practical, easy-to-follow program is designed especially for older adults and caregivers and will cover how to safely organize medications, avoid common mistakes, understand prescription labels, and recognize warning signs of medication issues. Attendees will learn simple tools and daily habits that make medication routines safer and less stressful, along with helpful tips for communicating with doctors and pharmacists. The session is interactive, senior-friendly, and focused on real-life solutions that can be used right away. Join us for our monthly Senior Survival Skills, **presented this time by: CareDiem Home Care.**

**Thursday, April 9, 2026
12:00 PM - 2:00 PM**

BASEBALL SOCIAL

Let's kick baseball season off with a ballpark-worthy party. Join us for a hot dog lunch, ballpark snacks, and lots of fun with friends. Optional: Wear your favorite sports team clothing or colors. See you all there!

**Friday, April 10, 2026
12:30 PM - 2:30 PM**



MEET & GREET THE SHERIFF'S TOWNSHIP LIAISON, CORPORAL CHRIS!



Join us for a special Meet & Greet with **Christopher A. Jordan, Township Liaison from the DuPage County Sheriff's Office.** This relaxed and informative hour is your opportunity to meet the officer who serves our community, learn about helpful programs

and services offered through the Sheriff's Office, and ask any questions you may have. Corporal Jordan will provide a brief introduction, share available resources, and host an open forum discussion. Informational pamphlets will also be available to take home. Come connect, learn, and engage in an open and welcoming conversation!

**Monday, April 13, 2026
10:30 AM - 11:30 AM**



JUST US SENIORS

Just Us Seniors is an opportunity for Township Center patrons and Township staff to get together to discuss the current ideas, thoughts, opinions, issues, needs, and wants of the older adults that we serve. It's a great place to ask questions, get connected with resources, and bring new ideas to the table. Don't be shy...give it a try!

**Monday, April 13, 2026
9:00 AM - 10:00 AM**

Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



YOUR LIFE STORY WORKSHOP

This warm, interactive workshop guides seniors through the process of capturing their most meaningful memories, stories, and life lessons in a simple, personalized "Mini Life Book." Participants will reflect on childhood moments, family traditions, major milestones, and the wisdom they want to pass on to future generations. By the end of the session, each attendee will have created the first pages of their own "Mini Life Book," a cherished keepsake that families will treasure for years to come. No writing experience is needed —just a willingness to share and reflect.

Presented by Allison Cychosz

Monday, April 13, 2026
12:00 PM - 2:00 PM

SCRABBLE PARTY

If you love playing Scrabble and can't resist a good triple word score, this one's for you! This special event welcomes both dedicated Scrabble enthusiasts and those who have always wanted to give the game a try. Whether you're a seasoned wordsmith or just love the thrill of the tiles, join us for an afternoon bursting with laughter, challenge, and bragging rights, along with some delightful snacks! Spots are limited, so register early and prepare to let your words soar!

Wednesday, April 15, 2026
9:30 AM - 10:30 AM



BOOK CLUB

Come and discuss *The Lincoln Highway*, a novel by Amor Towles. In June, 1954, eighteen-year-old Emmett Watson is driven home from the work farm after serving fifteen months for involuntary manslaughter. His parents gone and the family farm foreclosed upon, Emmett's intention is to pick up his younger brother and head to California to start over. But when the warden drives away, Emmett discovers that two friends from the work farm have hidden themselves in the trunk of the warden's car and have hatched a different plan for Emmett's future.

Wednesday, April 15, 2026
1:30 PM - 2:30 PM

DG Township Board Room
4340 Prince Street, Downers Grove, IL



SING A LONG

Join us for a traditional Sing-a-Long session to unleash your inner songbird with some classics. A binder with words to each song will be provided. Songs will be accompanied and led by **Bob Jerosky**. Song requests are always welcome.

Wednesday, April 15, 2026
12:30 PM - 1:30 PM

Register at myactivecenter.com/activities/4276:1 or call 630-719-6670



SENIOR STRENGTH TRAINING

Our Senior Strength Training class is designed to help you move confidently and live independently. We focus on improving balance to help prevent slips and falls, while also increasing joint mobility to keep you feeling loose and capable. Through safe, guided functional strength training, we build the muscles you use every day – from climbing stairs to carrying groceries. Stay strong, steady, and empowered for all of life's daily activities. **Led by Chris Jakubiak, owner of Hustle Fitness** in Willowbrook.

Wednesdays, April 15, 22, 29, 2026
3:00 PM - 3:35 PM

Cost: \$5



VETERANS COFFEE, CONVERSATION, & RESOURCE RALLY

Veterans Coffee, Conversation, and Resource Rally is a monthly opportunity for veterans to come together for coffee, doughnuts, and connection. There will also be a variety of community agencies available to discuss benefits and resources specifically for veterans. **No registration necessary. Coffee and Conversation from 9:30-10:30. Resource Rally from 10:30-2:00 p.m.** *Located in the Board Room of our 4340 Prince Street building.

Friday, April 17, 2026
9:30 AM - 2:30 PM

DG Township Board Room
4340 Prince Street, Downers Grove, IL



TRIVIA TIME WITH KAI & TERRY

Join us for an engaging afternoon of trivia organized by the Township Center, featuring our well-known **hosts Terry and Kai**. This month's theme focuses

on Chicago and its surrounding areas, providing an opportunity to expand your knowledge while enjoying tasty snacks. It's a great occasion to connect with both old friends and new acquaintances. Participants will have the chance to test their trivia skills and compete for team bragging rights. This event is particularly suited for history enthusiasts and those well-versed in local knowledge. Don't miss this opportunity for social interaction and fun!

Thursday, April 16, 2026
11:00 AM - 12:30 PM

BUNCO

Experience a lively afternoon of fun with our social group dice game—no skill required! It's a fast-paced game that guarantees lots of laughs and great company. Don't miss out on the excitement!

Prizes sponsored by
Allison Green of Assisted Living Locators & Rachelle Ventura from In Home Personal Services

Friday, April 17, 2026
11:30 AM - 1:00 PM



Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



ACOUSTIC JAM

Calling all musicians and music lovers! Do you play an instrument and want to jam with fellow seniors? Or perhaps you'd like to enjoy live performances from others? Join us for a lively jam session! Bring your instrument and a music stand, and if you have sheet music to share, feel free to bring that along as well. Come enjoy an afternoon of live music and camaraderie—let's make some beautiful sounds together!

**Friday, April 17, 2026
2:00 PM - 3:30 PM**

AARP SMART DRIVER

This 2-day course teaches proven driving techniques to help keep you and your loved ones safe on the road. Additionally, you could be eligible for a multi-year discount on your auto insurance. **Bring cash or check to the first day of class. Please bring your own lunch. Light refreshments will be provided. Must call (630) 719-6670 to register.**

**Monday & Wednesday, April 20 & 22, 2026
10:00 AM - 2:00 PM**

**\$20 AARP Members
\$25 Non-AARP Members**

**DG Township Board Room
4340 Prince Street, Downers Grove, IL**



GIVE & TAKE BONANZA

In honor of Earth Day, we're "recycling" in the best way – by giving gently used items a second life and keeping them in circulation! This Bonanza is inspired by our popular Township Center Give & Take Bin. For the Give and Take Bonanza, we will be collecting up to 5 items per person in good, working condition that need a new home. When you drop your items off, you will receive one ticket per item. Hold on to your tickets until the day of the Bonanza on April 22nd. During the event, all collected items will be displayed on tables throughout the Senior Center, and you'll use your tickets to "shop" for "new-to-you" treasures to take home. Items will be accepted at the Senior Center during regular program hours throughout April, through April 22nd. All items will be available on a first-come, first-served basis. Let's celebrate Earth Day together by sharing, reusing, and giving great items a fresh start!

**Wednesday, April 22, 2026
12:30 PM - 2:00 PM**



POPCORN MATINEE

Join us for this month's Popcorn Matinee at the Township Center, where fresh movie-theater style popcorn and a little friendly voting fun await! After viewing the trailers, you'll choose between *You've Got Mail*, featuring Tom Hanks and Meg Ryan, and *Mrs. Doubtfire*, starring Robin Williams and Sally Field. Cast your vote by a show of hands and settle in for the feature presentation!

**Monday, April 20, 2026
1:00 PM - 3:00 PM**

Register at myactivecenter.com/activities/4276:1 or call 630-719-6670



COMMUNITY VOLUNTEER FAIR

Ready to make a difference right here in our community? Step into a morning filled with purpose, connection, and possibility! Meet representatives from a variety of local organizations, all eager to share how you can use your time and talents to make a meaningful impact.

Thursday, April 23, 2026
9:30 AM - 11:30 PM

CRAFTERNOON: FROM DRAWER TO DECOR

Let's turn everyday kitchen tools into eye-catching conversation pieces! In this creative upcycling workshop, bring a metal utensil from home – think large stirring spoons, serving spatulas for cake or casserole, or casserole servers perfect for your next potluck or house party. We'll wrap the handles in decorative wire and colorful beads to transform them into beautiful, one-of-a-kind serving pieces. It's a fun way to add personality to your kitchen while giving new life to something you already own. No crafting experience needed – bring a utensil and your creativity!



Monday, April 27, 2026
1:30 PM - 3:30 PM
Cost: \$5

ART OF QUILLING

Twirl, roll, and let your creativity bloom! 🌸 Join us for a delightful introduction to the art of paper quilling – perfect for beginners and seasoned crafters alike. All supplies will be provided by the Township, and a talented fellow senior will be partnering with staff to help guide the fun. You'll create a beautiful paper flower to take home – a blossom that will last long after spring has passed. Come relax, create, and watch your imagination unfurl!

Monday, April 27, 2026
10:00 AM - 11:30 AM



KENTUCKY DERBY HAT MAKING OPPORTUNITY 🎩🐎

The Kentucky Derby is just around the corner, and what's a Derby Social without a fabulous hat? Join us for a special crafting class where you'll design and create your very own Derby-inspired masterpiece to wear to our upcoming Kentucky Derby Social. We'll provide all the supplies—you bring your creativity and Derby spirit! If you're planning to attend the Kentucky Derby Social, this is the perfect opportunity to complete your look and add a personal touch to the celebration. Space is limited, so be sure to register and get ready to top off your outfit in style!! 🎉🌟

Wednesday, April 29, 2026
9:00 AM - 10:30 AM
Cost: \$5





KENTUCKY DERBY SOCIAL WITH DOWNERS GROVE PARK DISTRICT

It's almost time for the horses to run for the roses! Join us for a luncheon and socialization. Come enjoy some Derby memorabilia, some friendly competition, and possibly even win a raffle prize! Feel free to dress up in your "Derby Day" attire, hats encouraged because there will be a competition!

In partnership with Downers Grove Park District

**Thursday, April 30, 2026
12:00 PM - 2:00 PM**



WII WEDNESDAY

Looking for a fun and friendly way to stay active and social? Join us for Nintendo Wii & Ping Pong at the Downers Grove Township Senior Center! Whether you're a seasoned pro or just trying something new, this is a great opportunity to get moving, challenge your hand-eye coordination, and enjoy some lighthearted competition with friends.

Presented by Jeanne Nowak

**Wednesday, April 29, 2026
12:30 PM - 2:00 PM**

Let's show some love to our community members in need. This month, please consider bringing a product to benefit local families served by FISH Food Pantry. Thanks in advance for your generosity!

ITEMS MOST IN NEED:

Canned fruit, Apple sauce, Peanut butter, Paper Products, such as: Toilet Paper, Paper Towels, Tissues, and Napkins



FOOD DISTRIBUTION

Tuesday 4-6 PM & Friday 8:30-11:30 AM

ACCEPTING DONATIONS

Tuesday 8:30-10:30 AM & 5:30-6:00 PM

Thursday 8:30 - 10:30 AM & Friday 10:30-11:30 AM

Or call for a donation time that works best in your schedule at 630-964-7776

downersgrovefish.org

4341 Saratoga Avenue, Downers Grove, IL 60515



Register at myactivecenter.com/activities/4276:1 or call 630-719-6670

Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515

Let April be a month of connections, laughter, and gratitude. Take time to enjoy the sunshine and smell the blooming flowers. Reach out to a friend, and remember that every day holds something to be thankful for.



We look forward to seeing you at the Downers Grove Township Center and sharing many wonderful moments.

Kim Savage
Downers Grove Township Supervisor



Westmont Chamber Senior Resource Committee presents...

Resource Rally and Bingo Bash



Come for Bingo and stay for informational senior resources and giveaways. Bring your friends!

Reserve your spot! Seating is limited.
Wcctb@westmontchamber.com or call 630-719-6670.

THURSDAY, APRIL 9

Westmont Park District

75 E. Richmond Street
Westmont, IL

Please identify which Bingo session you would like to attend.

- 9:30 AM Doors Open
- 10 AM First Bingo Session
- 10:45 AM Break
- 11:15 AM Second Bingo Session

Visit QR code for additional information on the Westmont Chamber Senior Resource Committee:



LIHEAP

LOW INCOME HEATING AND ENERGY PROGRAM

LIHEAP PROVIDES A ONE-TIME BENEFIT TO ELIGIBLE HOUSEHOLDS FOR USE TOWARDS ENERGY COSTS

APPLICATION DATES

OCTOBER 1, 2025 - JULY 31, 2026

APPOINTMENTS

FOR MORE INFORMATION AND TO MAKE AN APPOINTMENT, CALL OUR GENERAL ASSISTANCE OFFICE 630-719-6684

FAMILY SIZE	60% SMI 30 DAY INCOME	60% SMI ANNUAL INCOME
1	\$3,331	\$39,979
2	\$4,257	\$52,281
3	\$5,382	\$64,582
4	\$6,407	\$76,884
5	\$7,432	\$89,185
6	\$8,457	\$101,486
7	\$8,619	\$103,795

PLEASE BRING A COPY OF SOCIAL SECURITY CARD, PROOF OF GROSS INCOME FOR ALL MEMBERS OF HOUSEHOLD, PROOF OF CURRENT LETTER FROM SOCIAL SECURITY INCOME, COPY OF LEASE AGREEMENT, MOST CURRENT NICOR OR COMED BILL, AND PROOF OF SNAP BENEFITS.



COMMUNITY ASSISTED RIDES

Make a Difference as a CARS Volunteer!

Community Assisted Rides (CARS) provides local older adults with safe, accompanied ride services and friendly outreach. The older adults CARS serve are our parents, neighbors, former teachers and childhood leaders—a generation of people whose wisdom and talents shaped our community. Now they need a little assistance from us—not just to stay connected to their community, but to get to essential appointments and life-enhancing errands when they no longer feel comfortable or are unable to drive themselves.

As a CARS volunteer, you'll bring security, dignity, and companionship to local older adults while cultivating a community whose citizens look out for one another. Plus, our volunteer schedules are highly flexible and all training is provided!

Driving Connection, One Ride at a Time

communityassistedrides.org · 708-354-9328

HOW TO REGISTER FOR FEE-BASED ACTIVITIES:

- 1. FIND THE ACTIVITY:** Look for activities marked with a green dollar sign on My Active Center. This indicates they have a nominal fee.
- 2. CHECK THE PRICE:** Once you click on the activity, you'll see the price displayed in green text on the activity page.
- 3. ADD TO CART:** Click "Add to Cart" to proceed. The subtotal will be shown.
- 4. GO TO YOUR CART:** Open your cart to review your selection. Here, you can click the green box that says "Pay for Selected Items."
- 5. ENTER PAYMENT INFORMATION:** A pop-up will appear where you can enter your credit card details.
- 6. CONFIRM PAYMENT:** After entering your payment information, your receipt will be displayed.
- 7. OPTIONS AFTER PAYMENT:** From the receipt screen, you can:
 - Print your receipt.
 - View your schedule.
 - Return to browsing for more activities.
- 8. CALL THE TOWNSHIP** at 630-719-6670 if unable to register on My Active Center for assistance in registering for Fee-Based Activities.

2026 ADVISORY COMMITTEE MEETINGS

SENIOR ADVISORY COMMITTEE

1st Monday of each month at 1:30 PM

DG Township Center
4341 Saratoga Avenue,
Downers Grove, IL 60515

January 5, 2026

February 2, 2026

March 2, 2026

April 6, 2026

May 4, 2026

June 1, 2026

July 6, 2026

August 3, 2026

No Meeting in September

October 5, 2026

November 2, 2026

December 7, 2026

YOUTH SERVICES ADVISORY COMMITTEE

4th Tuesday of each month at 7:00 PM

DG Township Center
4341 Saratoga Avenue,
Downers Grove, IL 60515

January 27, 2026

February 24, 2026

March 24, 2026

April 28, 2026

May 26, 2026

June 23, 2026

July 28, 2026

August 25, 2026

September 29, 2026

October 27, 2026

November 24, 2026

December 29, 2026

MENTAL HEALTH ADVISORY COMMITTEE

2nd Monday of each month at 4:00 PM

DG Township Board Room
4340 Prince Street,
Downers Grove, IL 60515

January 12, 2026

February 9, 2026

March 9, 2026

April 13, 2026

May 11, 2026

June 8, 2026

July 13, 2026

August 10, 2026

September 14, 2026

October 12, 2026

November 9, 2026

December 14, 2026

2026 DOWNERS GROVE TOWNSHIP BOARD MEETING SCHEDULE

3rd Monday of every month at 7:00 PM

Downers Grove Township Center

4341 Saratoga Ave.

Downers Grove, IL 60515

January 12, 2026

(2nd Monday)

February 17, 2026

March 16, 2026

April 20, 2026

May 18, 2026

June 15, 2026

July 20, 2026

August 17, 2026

September 21, 2026

October 19, 2026

November 16, 2026

December 14, 2026

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AREA EVENTS

MEMORY CAFE



FOR INDIVIDUALS LIVING WITH DEMENTIA AND THEIR CARE PARTNERS

These Memory Cafe's deliver curated, intellectually engaging classes tailored to those with memory and language difficulties who are looking for a sense of community. The classes immerse participants in activities that promote engagement, socialization, and intellectual stimulation.

FIRST TUESDAY OF THE MONTH

1 - 2:30 PM

Multipurpose Room #1, Fort Hill Activity Center 20
Fort Hill Dr., Naperville

To register for the cafés, send a message to
dementiafriendlynaperville+info@gmail.com
or call Lisa Kirchner at 630-710-7502

FIRST WEDNESDAY OF THE MONTH

10:30-11:00 AM

Hinsdale Library
20E. Maple Ave.

RSVP to 630-986-1976

SECOND TUESDAY OF THE MONTH

2:00-3:30 PM.

Meeting Room A/B, Naperville Public Library, 95th
Street Branch

3015 Cedar Glade Dr., Naperville

To register for the cafés, send a message to
dementiafriendlynaperville+info@gmail.com
or call Lisa Kirchner at 630-710-7502

SECOND THURSDAY OF THE MONTH

1:00 - 2:00 PM

First Congressional Church of Christ
1047 Curtiss Street, Downers Grove, IL 60515

RSVP Kerry Quirin
630-800-7865

kerry@seniorlivingexperts.com

THIRD MONDAY OF THE MONTH

1:00-2:00 PM

Westmont Library
428 N. Cass Ave

RSVP to 630-869-6150

THIRD MONDAY OF THE MONTH

1:30 - 3:00 PM

Elmhurst Library
125 S. Prospect Ave.

RSVP: <http://elmlib.org/MemoryCafe>



DOWNERS GROVE TOWNSHIP ELECTED OFFICIALS

Supervisor
Kim Savage

Assessor
Gregory A. Boltz

Highway Commissioner
Tom Chlystek

Clerk
Mandy Roudebush

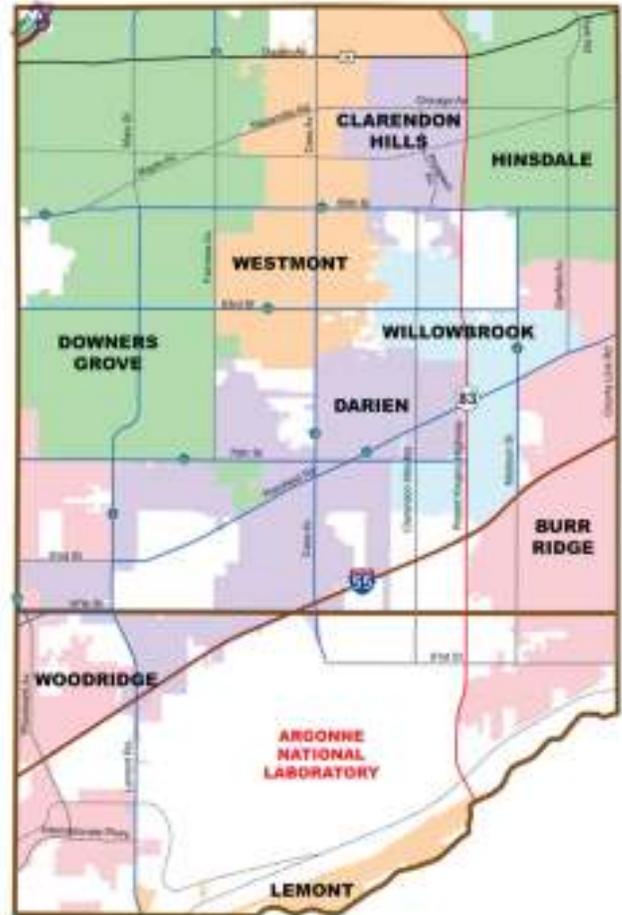
BOARD OF TRUSTEES

Kevin Szczerba

Karol Sole

Michelle Moreno

Richard Friel



Downers Grove Township Boundaries

Downers Grove Township is the largest township in DuPage County and covers the following areas: east to County Line Road, west to Woodward Avenue, north to 39th Street and south to the I&M Canal. Located in the southeast corner of DuPage County, the Township's jurisdiction includes the communities of

Burr Ridge
Clarendon Hills
Hinsdale
Darien
Downers Grove
Lemont
Westmont
Willowbrook
and Woodridge

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