

NOVEMBER 2026

DOWNERS GROVE TOWNSHIP
SENIOR PROGRAMS

DOWNERS GROVE TOWNSHIP CENTER

4341 Saratoga Avenue
Downers Grove, IL 60515

(630) 719-6670

www.myactivecenter.com/activities/4276:1

Registration for November programs opens on Tuesday, October 27 at 9:00am
DO NOT LEAVE A VOICEMAIL
ATTENTION: The Supervisor's Office will **NOT** be available for walk-ins from 8:30 to 10:00 am.

The Downers Grove Township Center provides programs and services designed to enhance the quality of life for our senior citizens 55 years of age and over. These programs promote independence and wellness to help older adults in the community remain active and healthy.

We look forward to seeing you soon!

Downers Grove Township Center
4341 Saratoga
Downers Grove, IL 60515

Senior Programs
November 2026

Register at 630-719-6670 or
myactivecenter.com/activities/4276:1

Monday	Tuesday	Wednesday	Thursday	Friday
2 No Senior Events	**3** Township Center Closed for Voting	**4** 9:30 Chair Yoga* 11:00 Community Dining 11:15 2027 Medicare Updates Seminar 12:30 Bingo 2:15 2027 Medicare Updates Seminar 3:00 Chair Yoga*	**5** 9-12 Esophageal Precancer Screenings 9:30 Spreading Sunshine1 10:00 Open Games at Darien P.D. 11:00 Camp Grant Lecture 1:00 Increased Mobility* 1:30 Medicare Super Session 2:30 Games	**6** 1:30 Acoustic Jam **Saturday, November 7** 10:00 Chuck's Beignet Breakfast
9 10:00 Just Us Seniors 1:00 Card Making*	**10** 9:30 Open Games 9:30 Hobby Enthusiast Club: Photography 11:00 Live Music at Community Dining 12:00 Humana Office Hours with Tino 1:00 Self-Defense* 2:30 Games	**11** Closed in Observance of Veterans' Day	**12** 9:00 Men's Coffee & Conversation 10:00 Darien P.D. Games 10:00 Caregiver Support Group 11:00 Veterans Day Performance 12:00 SSS: Caregiving Preparation 2:30 Games	**13** 1:00 Stronger Together: A Veterans Community Gathering
16 10:00 AARP Smart Driver Class** 10:30 A Visit with the Westmont Library 1:00 Crafternoon: Main Street Christmas Tree Ornament	**17** 9:30 Open Games 9:30 Hobby Enthusiast Club: Photography 11:00 Community Dining 12:00 Humana Office Hours with Tino 12:30 Sing-a-Long 2:30 Games	**18** 9:30 Chair Yoga* 10:00 AARP Smart Driver Class** 11:00 Alan & Jimmy at Community Dining 1:30 Book Club 3:00 Chair Yoga*	**19** 9:30 Spreading Sunshine 2 10:00 Open Games at Darien P.D. 11:00 The Power of Positivity 12:30 Brain Games 2:30 Games	**20** 9:30 Veterans Coffee, Conversation, & Resource Rally 11:30 Bunco 1:30 Holiday Craft: Little Warmth to Share
23 12:00 Friendsgiving Potluck Social	**24** 9:30 Open Games 9:30 Hobby Enthusiast Club: Photography 11:00 Community Dining 12:00 Humana Office Hours with Tino 1:00 Boxing Fitness* 2:30 Games	**25** 11:00 Community Dining 12:30 Wii Wednesday	**26** Closed in Observance of Thanksgiving	**27** Closed in Observance of Day After Thanksgiving
30 9:30 Discovering Sand Candles 1:00 WWII Weapons: A Step Back in History	**1** 9:30 Open Games 9:30 Bow Class with Elsie 11:00 Bob Jerosky at Community Dining 12:00 Humana Office Hours with Tino 2:30 Games	**2** 9:30 Chair Yoga* 11:00 Community Dining 12:30 Spine & Back Health Seminar 3:00 Chair Yoga*	**3** 9:30 Spreading Sunshine1 10:00 Open Games at Darien P.D. 12:00 Asking for the Right Help 2:30 Games	**4** 1:30 Musical Jam

* $5 cost to participate
** Fee to participate

Registration for November programs opens Tuesday, October 27 at 9:00am

To learn more visit: www.dgtownship.com/senior-services/



COME ENJOY LUNCH WHILE SOCIALIZING WITH OTHERS IN OUR COMMUNITY

Community Dining

DuPage Senior Citizens Council will serve hot, nutritious meals to seniors 60+ on Tuesdays and Wednesdays from 11:00 am -12:00 pm.

Downers Grove Township Center
4341 Saratoga Avenue
Downers Grove, IL 60515

A donation of $5.00 is requested
(Flat $7.00 fee for anyone under the age of 60)

REGISTER BY 10AM THE WEDNESDAY PRIOR AT 630-642-8517

DOWNERS GROVE TOWNSHIP SENIOR CENTER
COMMUNITY DINING MENU
630-642-8517

DuPage Senior Citizens Council
Providing Meals and More...

NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	**TOWNSHIP CENTER CLOSED FOR VOTING** 3	Spaghetti & Meatballs Marinara Sauce Broccoli Wheat Vienna Bread Chilled Peaches 4	5	6
9	Potato Leek & Sausage Chowder Peas & Carrots Mixed Salad Greens Corn Bread Warm Apple Crumble 10	**ALL LOCATIONS CLOSED FOR VETERANS DAY** 11	12	13
16	Chicken & Kale Soup Baked Sweet Potato Italian Green Beans Cranberry Roll Chilled Peaches 17	Salisbury Steak & Gravy Mashed Potatoes Corn Whole Wheat Roll Pineapple Tidbits 18	19	20
23	Spaghetti & Meatballs Marinara Sauce Mixed Salad Greens Multi Grain Bread Warm Peach Cobbler 24	Hamburger German Potato Salad Green Beans Wheat Hamburger Bun Apple Sauce 25	**ALL LOCATIONS CLOSED FOR THANKSGIVING DAY** 26	**ALL LOCATIONS CLOSED FOR THANKSGIVING HOLIDAY** 27
30			ALL MEALS REQUIRE: BREAD AND A BEVERAGE **(*)** INDICATES A **DIABETIC** SUBSTITUTION	

MENU ITEMS SUBJECT TO CHANGE WITHOUT NOTICE
~ PLEASE CALL 630-642-8517 ONE WEEK PRIOR TO MAKE RESERVATION ~

PLEASE REGISTER IN ADVANCE FOR ALL EVENTS!

Visit myactivecenter.com/activities/4276:1 or call 630-719-6670.

Sign up early so you don't miss out!
Waitlists will be formed once events reach capacity.

If you are unable to attend an event, kindly call and let us know so that we can accommodate others who are interested.

JUST A REMINDER

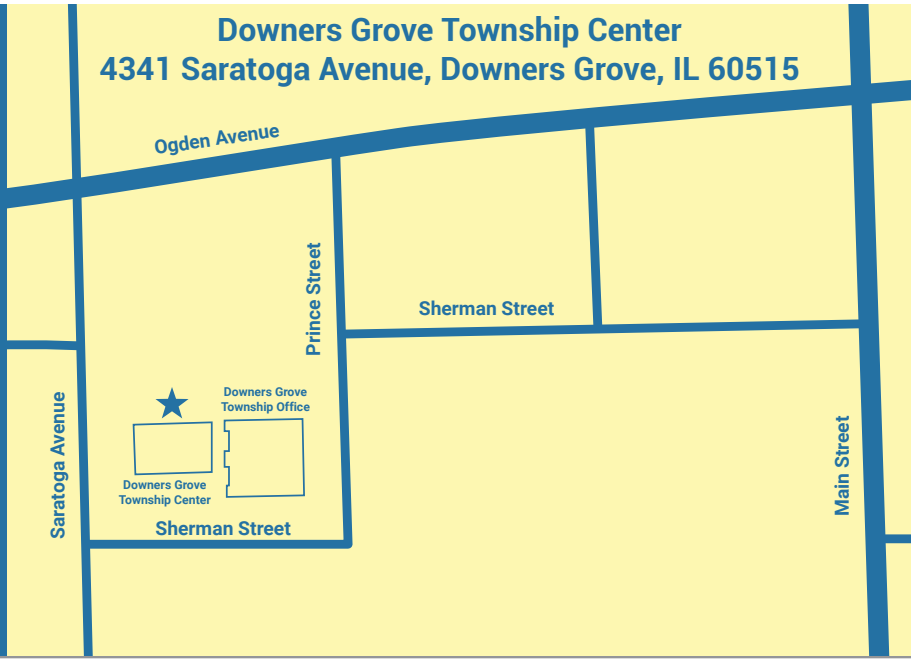
Township Center doors will be opened 30 minutes before the start time of an event.

REGISTRATION FOR NOVEMBER PROGRAMS OPENS ON TUESDAY, OCTOBER 27 AT 9:00AM

DO NOT LEAVE A VOICEMAIL.

***ATTENTION:** The Supervisor's Office will NOT be available for walk-ins from 8:30 to 10:00 am.*

*When visiting Downers Grove Township you may park in front of both the Township Center building (4341 Saratoga Avenue) or the Administrative Offices building (4340 Prince Street). Additional parallel parking is located on Sherman Street. Please be careful in our parking lot and consider carpooling when you can. **Parking is limited!***





OPEN GAMES

Calling all early birds! Meet up with us on Tuesday mornings for some coffee, camaraderie, gaming, and conversation. We have a variety of board games, playing cards, American and Chinese Mahjong sets, puzzles, and more! This is also a great time to bring your own games, or try something new to you, while hanging out with great people and starting your day off right.

Tuesdays,
November 10, 17, 24, December 1, 2026
9:30 AM - 10:30 AM



MORNING CHAIR YOGA

Join us for a gentle exercise class that focuses on stretching and strengthening! This session features both seated and standing chair yoga postures, designed to enhance your flexibility, mobility, relaxation skills, balance, and coordination. Experience the benefits of mindful movement in a supportive environment!

No class the 11th or the 25th

Presented by MKH Yoga

Wednesdays, November 4, 18, December 2, 2026
9:30 AM - 10:30 AM
Cost: $5

GAMES,CARDS, PING PONG & MORE!

Games, Ping Pong, and Puzzles, oh my! If you're looking for a fun afternoon with a dash of friendly competition, join us for afternoon games! Whether you prefer to play board games with a group, ping pong with the regulars, or "socially introvert" by working on a puzzle, we have something for everybody.

Tuesdays & Thursdays,
November 5, 10, 12, 17, 19, 24, 2026
December 1 & 3 2026
2:30 PM - 3:30 PM



2027 MEDICARE UPDATES SEMINAR

Medicare can be confusing, and changes are implemented at the federal level every year! **Alyssa Vejendla** is here to clear up the confusion and make sure you're aware of the changes in Medicare for 2027. She'll also cover how to save money on prescriptions and what resources exist to help folks with chronic conditions and lower incomes.

Sponsored by Clemens Enterprises, Inc.

Wednesday, November 4, 2026
11:15 AM - 12:15 PM
2:15 PM - 3:15 PM
Township Board Room
4340 Prince St., Downers Grove, IL



Register at myactivecenter.com/activities/4276:1 or call 630-719-6670
Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



BINGO

Come to the Downers Grove Township Center for a fun afternoon of Bingo, hosted and sponsored by our fabulous "Bingo Lady," **Alyssa Vejendla from Clemens Enterprises**! This is the most popular event, so sign up early! Prizes will be awarded, and dessert will be served. Don't forget - we will celebrate all of the special monthly birthdays!

Wednesday, November 4, 2026
12:30 PM - 2:00 PM

AFTERNOON CHAIR YOGA

Join us for a gentle exercise class that focuses on stretching and strengthening! This session features both seated and standing chair yoga postures, designed to enhance your flexibility, mobility, relaxation skills, balance, and coordination. Experience the benefits of mindful movement in a supportive environment!

No class the 11th or the 25th

Presented by MKH Yoga

Wednesdays, November 4, 18, December 2, 2026
3:00 PM - 4:00 PM
Cost: $5





ESOPHAGEAL PRE-CANCER SCREENINGS

When it comes to health, let's be proactive! Did you know that Esophageal Cancer has increased over 500% in the past 4 decades? Through risk factors and symptoms, screening can help detect precancerous stages before it turns to cancer. Join us for a health and wellness, pre-cancer screening to help with early detection! ***Please call Daniela (630) 310-9553 for any questions about EsoGuard Screening and to sign up for your screening appointment. Appointments are REQUIRED. Screenings will be held in the Board Room at the Township in a private setting, and all of your information will be kept confidential.***

Thursday, November 5, 2026
9:00 AM- 12:00 PM
Township Board Room
4340 Prince St., Downers Grove, IL

SPREADING SUNSHINE: VOLUNTEER PROJECTS



Help give back to the community by volunteering! Each month we'll have a variety of projects available that will benefit local organizations in our area. Your efforts will make a positive impact on our community members.

Spreading Sunshine is collecting the Items below for SCARCE to recycle. Please bring your items on Spreading Sunshine days.

- **Pull Tabs**
- **Crayons**
- **Bread Fasteners**
- **Brita Filters**

Thursdays, November 5, 19, 2026
December 3, 2026
9:30 AM - 10:30 AM

Register at myactivecenter.com/activities/4276:1 or call 630-719-6670



OPEN GAMES AT DARIEN PARK DISTRICT

If there's one thing we know for sure, it's that Township Seniors are serious about their games! In order to provide more open gaming options around the community, **Darien Park District** is now hosting Open Games every Thursday from 10:00 a.m. to 12:00 p.m. Bring your friends and let the games begin! ***Registration is currently only available through the Township on My Active Center or by calling (630) 719-6670. **No games November 26th.***

Thursdays, November 5, 12, 19, December 3, 2026
10:00 AM - 12:00 PM
Off-Site Program
7301 Fairview Ave, Darien, IL 60561

CAMP GRANT HISTORICAL PRESENTATION



Join us at the Township Center as we discover the remarkable history of Camp Grant, one of the nation's largest World War I training camps, located just outside Rockford. From preparing thousands of American soldiers for overseas service to becoming the site of one of the deadliest military outbreaks during the 1918 influenza pandemic, Camp Grant left an enduring mark on both local and national history. The program will be presented by **Dan Wykes**, a longtime reenactor and costumed interpreter at Midway Village Museum for nearly 20 years. Dan was also instrumental in developing the museum's Camp Grant exhibit, drawing on years of research and a passion for bringing local history to life.

Thursday, November 5, 2026
11:00 AM - 12:30 PM



INCREASE YOUR MOBILITY (FITNESS CLASS)

One of the most important parts of staying healthy and active is working on range of motion, balance, stability, and strength. **Chris Jakubiak, owner of Hustle Fitness** in Willowbrook will help us do just that! Chris will guide the group through exercises geared towards increasing mobility while making the workouts fun! He also does a wonderful job at adapting exercises based on individual fitness and mobility levels, so all are welcome!

Thursday, November 5, 2026
1:00 PM - 1:35 PM
Cost: $5

MEDICARE SUPER SESSION: ONE ON ONE TIME WITH ALYSSA



Got insurance questions? Come see **Alyssa Vejendla**, our famous "Bingo/ Medicare lady" from **Clemens Enterprises**, who will be available between the hours of 1:30 p.m. and 3:30 p.m. in the Downers Grove Township Board Room to answer Medicare questions and help you compare your current plan with new plans to ensure the one you choose for 2027 will give you the best benefits to suit your individual needs. ***Please bring a current list of your doctors and medications with you. *First come, first served.***

Thursday, November 5, 2026
1:30 PM - 3:30 PM
Township Board Room
4340 Prince St., Downers Grove, IL

Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



ACOUSTIC JAM

If you are a musician looking for a place to unplug and play, Acoustic Jam is the place to be! Acoustic Jam is a lighter version of our classical Musical Jam program, and welcomes members who are going for a more relaxed atmosphere to collaborate with other musicians with a similar style and vibe. Feel free to bring sheet music to share with the group. ***Please note that this program is for musicians only.***

Friday, November 6, 2026
1:30 PM - 3:30 PM

CHUCK'S BEIGNET BREAKFAST

Start your weekend with good food and even better company! The Township invites you to come and join us for lunch at **Chuck's Southern Comfort Cafe** in Darien. This is a wonderful opportunity to enjoy a local restaurant and possibly meet new faces. ***Separate checks; registration is required. The Township will be making all the arrangements. This is an individual meet-up; no transportation is provided.***

Saturday, November 7, 2026
10:00 AM - 11:00 AM
Off-Site Program
8025 S. Cass Ave., Darien, IL



JUST US SENIORS

Just Us Seniors is an opportunity for Township Center patrons and Township staff to get together to discuss the current ideas, thoughts, opinions, issues, needs, and wants of the older adults that we serve. It's a great place to ask questions, get connected with resources, and bring new ideas to the table. Please don't be shy and give it a try!

Monday, November 9, 2026
10:00 AM - 11:00 AM

CARDMAKING

Grab a spot before they're gone for this incredibly popular cardmaking class. You'll learn to make your own homemade greeting cards using a variety of rubber stamping and paper crafting techniques, guided by instructor **Lou Smolinski**. By the end of class, you'll have a handcrafted masterpiece that you may just want to keep for yourself! This class fills up fast and does not disappoint.

Monday, November 9, 2026
1:00 PM - 3:00 PM
Cost: $5



Register at myactivecenter.com/activities/4276:1 or call 630-719-6670



HOBBY ENTHUSIASTS CLUB: PHOTOGRAPHY

Love to take photos?
Then this month's Hobby Enthusiast's Club is for you! Tuesday mornings in November, we will provide space for those with a passion for photography to gather together and share photos, tips, tricks, and the love of the lens!

No meeting November 3 due to voting.

Tuesdays, November 10, 17, 24, 2026
9:30 AM - 10:30 AM

LIVE MUSIC AT COMMUNITY DINING

Join **John and Sally** for lunch and live music! You may recognize them from the Township's Music Jam programs, where they enjoy making music with fellow local musicians. Now they're bringing that same enthusiasm to Community Dining. They love the chance to play together and share their music - come enjoy some tunes and good company!

Must register for Community Dining by calling (630) 642-8517

Tuesday, November 10, 2026
11:00 AM - 12:00 PM





SELF DEFENSE FOR SENIORS

Feeling safe and empowered is crucial to maintaining independence and freedom. In this self-defense class tailored towards older adults, **Chris Jakubiak from Hustle Fitness** will guide you through the moves and techniques you need to know to continue going out and about with confidence!

Tuesday, November 10, 2026
1:00 PM - 1:35 PM
Cost: $5

HUMANA OFFICE HOURS WITH TINO

Have questions about Medicare or your health insurance? Stop by during Humana Office Hours to meet one-on-one with **Humana representative Tino Binetti**. Whether you need help understanding your coverage, reviewing your options, or getting answers to general Medicare questions, Tino is here to provide helpful information and guidance.

Tuesdays, November 10, 17, 24, 2026
December 1, 2026
12:00 PM - 2:00 PM
Township Board Room
4340 Prince St., Downers Grove, IL



Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



MEN'S COFFEE AND CONVERSATION

Be a part of Coffee and Conversation, an exclusive gathering for men! Enjoy a warm cup of coffee while engaging in lively discussions on topics that matter to you—from sports and hobbies to personal experiences and current events. This is a great opportunity to connect with other guys, share your thoughts, and build camaraderie in a relaxed setting. Whether you're here to chat or listen, your voice is welcome.

Thursday, November 12, 2026
9:00 AM - 10:30 AM

CAREGIVER SUPPORT GROUP

Our new Caregiver Support Group, led by a representative from **Metropolitan Family Services**, is designed for persons caring for aging parents or spouses, in person or long distance, including loved ones living with Alzheimer's disease or dementia. In a relaxed, understanding setting, participants can share experiences, talk through challenges, learn to balance their own needs with those of their loved ones, and discover helpful tips and resources. Most importantly, it's a chance to connect with others who understand the caregiving journey and to be reminded that you're not alone. The group meets in the Board Room at our 4340 Prince Street building on the 2nd and 4th Thursdays of each month.

No meeting November 26 due to holiday.
Thursday, November 12, 2026
10:00 AM -11:15 AM
Township Board Room
4340 Prince St., Downers Grove, IL





VETERANS DAY PERFORMANCE: SONGS OF THE AMERICAN REVOLUTION



In honor of our veterans, join us for a patriotic performance of Songs of the American Revolution by **John and Kathryn J. Atwood**. The program will take place at the Downers Grove Public Library and is co-hosted by Downers Grove Township. Light refreshments will be served. ***Registration is required! You may register with the Downers Grove Public Library or Downers Grove Township.***

Co-sponsored with the Downers Grove Public Library

Thursday, November 12, 2026
11:00 AM - 12:30 PM
Off-Site Program
Downers Grove Public Library
1050 Curtiss Street, Downers Grove, IL

Register at myactivecenter.com/activities/4276:1 or call 630-719-6670

SENIOR SURVIVAL SKILLS: CAREGIVING PREPARATION & RESOURCES

Are you caring for a loved one at home or from a distance? These can be challenging times, but you're not alone in your caregiving journey. Developing a team approach and identifying resources and tools may make caring for a loved one more manageable. Join us for this free event to connect with other caregivers in your area and share stories and tips. Together we will explore how to start the caregiving conversation, strategies for forming your caregiving team, ways to find local resources and support, and how to care for yourself and connect with others. We'll also share AARP tools and resources like the AARP Family Caregiver Resource Center, where you can connect with other caregivers to share resources and lessons learned. ***Lunch will be served.***

Sponsored by AARP

Thursday, November 12, 2026
12:00 AM - 2:00 PM



AARP SMART DRIVER

This 2-day course teaches proven driving techniques to help keep you and your loved ones safe on the road. Additionally, you could be eligible for a multi-year discount on your auto insurance.
Bring cash or check to the first day of class. Please bring your own lunch. Light refreshments will be provided. Must call (630) 719-6670 to register.

Monday & Wednesday, November 16 & 18, 2026
10:00 AM - 2:00 PM
$20 AARP Members
$25 NON-AARP Members
Township Board Room
4340 Prince St., Downers Grove, IL

STRONGER TOGETHER: A VETERANS COMMUNITY GATHERING

Please join us as we come together to honor the brave men and women who have served our country. A day focused on connection, shared experiences, and continued community involvement. Join us for a delicious lunch, friendly conversation, and an opportunity to learn about veteran resources available in the room. Whether you're a veteran, a family member, or someone who wishes to honor the memory of a loved one who served, we would love to have you join us. If you've never visited the Township Center, this is a wonderful opportunity to stop by, meet new faces, and feel at home! Please let us know how many will be attending so we can plan accordingly. We look forward to welcoming you!

Sponsored by Home Helpers of Downers Grove & Angels Home Care

Friday, November 13, 2026
1:00 PM - 3:00 PM

VISIT WITH THE WESTMONT LIBRARY

Discover what's waiting for you beyond the books! For this event, representatives from the **Westmont Library** will come to the Township Center to share the ins and outs of programs, services, and resources you might not know about—and find new ways to learn, create, and connect through your library.

Monday, November 16, 2026
10:30 AM - 11:30 AM



Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515

CRAFTERNOON: MAIN ST. CHRISTMAS TREE ORNAMENT



The Village of Downers Grove has asked the community for help decorating the Christmas tree at the Main Street Train Station, and the Township is excited to participate! Come join us as we work together to create a few special ornaments for the tree. The Township will provide a variety of materials, and you're welcome to bring your own supplies and ideas to add to the mix. We'll put everything on the table, brainstorm together, and decide what festive creations we can make!

A few ornament guidelines: Ornaments must be approximately 8 inches in height or diameter, made from sturdy, weather-resistant materials, have no sharp edges, and be lightweight enough for the tree. Come share your creativity and help us make a Christmas tree that truly represents our community!

Monday, November 16, 2026
1:00 PM - 3:00 PM

SING-A-LONG

Join us for a traditional Sing-a-Long session to unleash your inner songbird with some classics. A binder with words to each song will be provided. Songs will be accompanied and led by **Bob Jerosky**. Song requests are always welcome.

Tuesday, November 17, 2026
12:30 PM - 1:30 PM





ALAN & JIMMY AT COMMUNITY DINING

During Community Dining, enjoy music from a time when we were young and the music was great. **Alan and Jimmy** played 60s music in high school and college. They took a long (38-year) break to focus on family and careers, but now they are back, entertaining seniors during Community Dining! ***Must register for Community Dining by calling (630) 642-8517.***

Wednesday, November 18, 2026
11:00 AM - 12:00 PM

BOOK CLUB

The School for Good Mothers by Jessamine Chan. In this New York Times bestseller and Today show Read with Jenna Book Club Pick, one lapse in judgment lands a young mother in a dystopian government reform program where custody of her child hangs in the balance, in this "surreal" (People), "remarkable" (Vogue), and "infuriatingly timely" (The New York Times Book Review) debut literary fiction novel. ***November book club will be held in the Township Center instead of the Board Room.***

Wednesday, November 18, 2026
1:30 PM - 2:30 PM



Register at myactivecenter.com/activities/4276:1 or call 630-719-6670



THE POWER OF POSITIVITY: WHEN LIFE GIVES YOU LEMONS

When life gets a little sour, a positive outlook can make all the difference! Join our friends from Humana to explore the power of positive thinking, what it really means, and five practical steps to help you keep a positive perspective. Bring your questions, an open mind, and, if you're feeling zesty, a lemon or two (optional, of course)!

Sponsored by Humana
Presented by Tino Binetti

Thursday, November 19, 2026
11:00 AM - 12:00 PM

BRAIN GAMES

Join us for a fun, engaging afternoon that gives your brain a great workout! We'll enjoy a mix of hands-on puzzles and interactive group challenges, including PowerPoint activities, designed to boost memory, sharpen attention, and keep your cognitive skills strong. Whether you prefer solving puzzles on your own or working together as a team, there's something for everyone—plus plenty of laughs along the way!

Thursday, November 19, 2026
12:30 PM - 2:00 PM





VETERANS COFFEE, CONVERSATION, AND RESOURCE RALLY

Veterans Coffee, Conversation, and Resource Rally is a monthly opportunity for veterans to come together for coffee, light refreshments, and connection. There will also be a variety of community agencies available to discuss benefits and resources specifically for veterans.

No registration necessary. Coffee and Conversation from 9:30-10:30. Resource Rally from 10:30-2:00 p.m.

Friday, November 20, 2026
9:30 AM - 2:30 PM
Township Board Room
4340 Prince St., Downers Grove, IL

BUNCO

Experience a lively afternoon of fun with our social group dice game—no skill required! It's a fast-paced game that guarantees lots of laughs and great company. Don't miss out on the excitement!

Prizes sponsored by
Allison Green of Assisted Living Locators & Rachelle Ventura from In Home Personal Services

Friday, November 20, 2026
11:30 AM - 12:30 PM



Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



HOLIDAY CRAFT: A LITTLE WARMTH TO SHARE

Get into the holiday spirit with a heartwarming make-and-take craft! We'll create festive holders for tea bags and hot cocoa packets, making two to share the warmth. Keep one for yourself and gift the other to a senior at one of our partner living facilities to brighten their day with a little holiday cheer!

Friday, November 20, 2026
1:30 PM - 2:30 PM

FRIENDSGIVING POTLUCK SOCIAL

Celebrate the season of gratitude with friends old and new at our annual Friendsgiving Potluck! It's a lovely time to share food, laughs, and connection this holiday season. The Township will provide the main course (a meat option and a vegetarian option) and attendees are encouraged to bring a store-bought appetizer, side dish, salad, or dessert to share. ***Register by calling (630) 719-6670.*** Thanks for being part of our Township family!! We look forward to celebrating with you!

Monday, November 23, 2026
12:00 PM - 2:00 PM





BOXING FITNESS CLASS FOR SENIORS

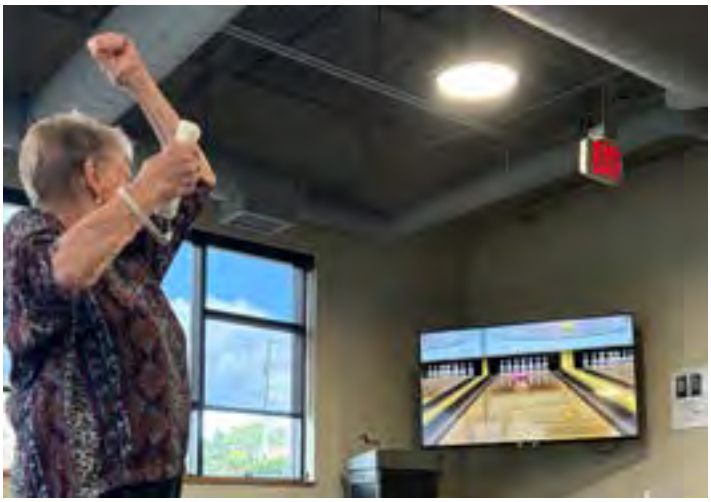
Bring your energy and have a blast in this boxing fitness class geared specifically for older adults!
Lead by Chris Jakubiak from Hustle Fitness

Tuesday, November 24, 2026
1:00 PM - 1:35 PM
Cost: $5

WII WEDNESDAY

Looking for a fun and friendly way to stay active and social? Join us for Nintendo Wii & Ping Pong at the Downers Grove Township Center! Whether you're a seasoned pro or just trying something new, this is a great opportunity to get moving, challenge your hand-eye coordination, and enjoy some lighthearted competition with friends.

Wednesday, November 25, 2026
12:30 PM - 2:00 PM



Register at myactivecenter.com/activities/4276:1 or call 630-719-6670

DISCOVERING SAND CANDLES (REPEAT CLASS)



Are you curious about sand candles? These elegant white-sand-and-pearl-style candles are designed to be safer and easier to enjoy, making them perfect for senior crafters! Join us for a hands-on workshop where Township staff will guide you step by step as you customize your candle with soothing essential oils and decorative touches. Lacey Creek provides all the supplies-just bring your creativity! Craft a candle that smells wonderful, looks lovely, and is uniquely yours. ***This a repeat class***

Monday, November 30, 2026
9:30 AM - 11:00 AM

WWII WEAPONS: A STEP BACK IN HISTORY

Step back in time for an informative presentation exploring the weapons used during World War II. Get an up-close look at historical weapons and learn about their design, purpose, and role in the war. Discover the history behind these fascinating artifacts and gain a new perspective on the equipment used by soldiers during one of history's most significant conflicts.

Monday, November 30, 2026
1:00 PM - 3:00 PM





BOW MAKING CLASS

With the holidays approaching quickly, what better skill to learn than bow-making? You'll be the talk of the town (or at least your friend group or family) when you show off the fancy new bows you made yourself, compliments of Ms. Elsie Shehan, our resident bow-making expert! Join us for the fun, and let the holidays begin!

Tuesday, December 1, 2026
9:30 AM - 11:00 AM

ENTERTAINMENT AT COMMUNITY DINING: FEATURING BOB JEROSKY

Our Sing-A-Long Kumu (teacher) Bob, will perform a curated collection of songs designed to enhance tour dining experience!

Must register for Community Dining by calling (630) 642-8517

Tuesday, December 1, 2026
11:00 AM - 12:00 PM



Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



SPINE AND BACK HEALTH

Want to keep moving comfortably and stay active as you age? Join us and the amazing staff from **SpineCo** of Downers Grove for an informative seminar focused on back and spine health. Learn about common causes of back pain, ways to improve posture and mobility, and practical tips for protecting your spine during everyday activities. Discover strategies to help you maintain strength, independence, and an active lifestyle for years to come!

Wednesday, December 2, 2026
12:30 PM - 1:30 PM



MUSICAL JAM

Calling all musicians and music lovers! Do you play an instrument and want to jam with fellow seniors? Join us for a lively jam session! Bring your instrument and a music stand, and if you have sheet music to share, feel free to bring that along as well. Come enjoy an afternoon of live music and camaraderie.
Please note that there is a separate registration for audience members if you don't plan to play an instrument. Register as an audience member.

Friday, December 4, 2026
1:30 PM - 3:30 PM

ASKING FOR THE RIGHT HELP

A little extra help can make a big difference in staying safe, comfortable, and independent. Join **CareDiem Home Care** to learn about available home care services, how to recognize when additional support may be needed, and how to find the right fit. Whether for yourself or a loved one, discover practical ways to start the conversation and ask for help with confidence. This is a lunch and learn.

Thursday, December 3, 2026
12:00 PM - 2:00 PM



DRURY LANE MEETUP: 9 TO 5



Join us for another incredible musical meetup at Drury Lane, *9 to 5*! Based on the hit 1980 movie, this hysterical and empowering musical is the story of three unlikely friends who concoct a plan to get even with their sexist, egotistical, lying, hypocritical bigot of a boss. With music and lyrics by Dolly Parton, *9 to 5* is a nostalgic joyride that proves there's nothing women can't do."
Must register in person at the Township Office. You will receive your ticket at time of registration. Suggested arrival time is at least a half hour prior to showtime! *All ticket purchases are FINAL. Tickets are NON-REFUNDABLE!!! *No transportation is provided.

Wednesday, January 27, 2027
1:30 PM - 4:00 PM
***Ticket Fee is $50.00 and may be paid with cash or check only.**
Off-Site Program
100 Drury Lane, Oak Brook Terrace, IL 60181

Register at myactivecenter.com/activities/4276:1 or call 630-719-6670
Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515

Dear Seniors and Friends,



As we enter this beautiful season of gratitude, I want to thank all our wonderful seniors and community members who make the Downers Grove Township Center such a special place.

Your smiles, friendships, laughter, and enthusiastic participation in our monthly programs bring warmth and joy to our Township. It is a blessing to see our community come together, creating lasting memories and meaningful connections.

This November, I am especially thankful for each of you. Your continued support and participation inspire us to keep offering programs that enrich lives and bring people together.

Wishing you and your loved ones a wonderful Thanksgiving filled with love, happiness, and good health!

With heartfelt gratitude,

Kim Savage
Downers Grove Township Supervisor

EVERYONE IS GOOD AT SOMETHING!

The DG Township Center is looking for volunteer teachers and presenters. Some of our most popular classes are taught by people who frequently hang out at the Township Center and attend programs…that's what makes it so special!!!!

If you have a hobby, talent, or expertise that you're willing to share, please call Sarah at (630) 719-6685.

Let's show some love to our community members in need. This month, please consider bringing a product to benefit local families served by FISH Food Pantry. Thanks in advance for your generosity!

WE WOULD ESPECIALLY APPRECIATE DONATIONS OF:

Fresh Apples, Oranges, Potatoes, Onions, Canned Fruit, Applesauce, Ketchup, Mustard, Mayo, Salad Dressing, Cooking Oil, and Peanut Butter

FOOD DISTRIBUTION

Tuesday 4-6 PM & Friday 8:30-11:30 AM

ACCEPTING DONATIONS

Tuesday 8:30-10:30 AM & 5:30-6:00 PM

Thursday 8:30 - 10:30 AM & Friday 10:30-11:30 AM

Or call for a donation time that works best in your schedule at 630-964-7776

downersgrovefish.org

4341 Saratoga Avenue, Downers Grove, IL 60515

Let's Come Together This Holiday Season

Do you have extra wrapping paper, gift bags, boxes, bows, or ribbons tucked away in your basement or closets?

We'd love to put them to good use!

This December, our seniors will be coming together to help spread holiday cheer within the community, and we need your help! Consider donating your extra gift-wrapping supplies and help us make the season a little brighter for others!

A little extra from you can make a big difference for someone else!



HOW TO REGISTER FOR FEE-BASED ACTIVITIES:

1. **FIND THE ACTIVITY:** Look for activities marked with a green dollar sign on My Active Center. This indicates they have a nominal fee.
2. **CHECK THE PRICE:** Once you click on the activity, you'll see the price displayed in green text on the activity page.
3. **ADD TO CART:** Click "Add to Cart" to proceed. The subtotal will be shown.
4. **GO TO YOUR CART:** Open your cart to review your selection. Here, you can click the green box that says "Pay for Selected Items."
5. **ENTER PAYMENT INFORMATION:** A pop-up will appear where you can enter your credit card details.
6. **CONFIRM PAYMENT:** After entering your payment information, your receipt will be displayed.
7. **OPTIONS AFTER PAYMENT:** From the receipt screen, you can:
   - Print your receipt.
   - View your schedule.
   - Return to browsing for more activities.
8. **CALL THE TOWNSHIP** at 630-719-6670 if unable to register on My Active Center for assistance in registering for Fee-Based Activities.



COMMUNITY ASSISTED RIDES

Make a Difference as a CARS Volunteer!

Community Assisted Rides (CARS) provides local older adults with safe, accompanied ride services and friendly outreach. The older adults CARS serve are our parents, neighbors, former teachers and childhood leaders—a generation of people whose wisdom and talents shaped our community. Now they need a little assistance from us--not just to stay connected to their community, but to get to essential appointments and life-enhancing errands when they no longer feel comfortable or are unable to drive themselves.

As a CARS volunteer, you'll bring security, dignity, and companionship to local older adults while cultivating a community whose citizens look out for one another. Plus, our volunteer schedules are highly flexible and all training is provided!

Driving Connection, One Ride at a Time

communityassistedrides.org · 708-354-9328

2026 ADVISORY COMMITTEE MEETINGS

SENIOR ADVISORY COMMITTEE

1st Monday of each month at 1:30 PM

DG Township Center
4341 Saratoga Avenue,
Downers Grove, IL 60515

January 5, 2026
February 2, 2026
March 2, 2026
April 6, 2026
May 4, 2026
June 1, 2026
July 6, 2026
August 3, 2026
No Meeting in September
October 5, 2026
November 2, 2026
December 7, 2026

YOUTH SERVICES ADVISORY COMMITTEE

4th Tuesday of each month at 7:00 PM

DG Township Center
4341 Saratoga Avenue,
Downers Grove, IL 60515

January 27, 2026
February 24, 2026
March 24, 2026
April 28, 2026
May 26, 2026
June 23, 2026
July 28, 2026
August 25, 2026
September 29, 2026
October 27, 2026
November 24, 2026
December 29, 2026

MENTAL HEALTH ADVISORY COMMITTEE

2nd Monday of each month at 4:00 PM

DG Township Board Room
4340 Prince Street,
Downers Grove, IL 60515

January 12, 2026
February 9, 2026
March 9, 2026
April 13, 2026
May 11, 2026
June 8, 2026
July 13, 2026
August 10, 2026
September 14, 2026
October 12, 2026
November 9, 2026
December 14, 2026

2026 DOWNERS GROVE TOWNSHIP BOARD MEETING SCHEDULE

3rd Monday of every month at 7:00 PM
Downers Grove Township Center
4340 Prince Street
Downers Grove, IL 60515

January 12, 2026
(2nd Monday)
February 17, 2026
March 16, 2026
April 20, 2026
May 18, 2026
June 15, 2026
July 20, 2026
August 17, 2026
September 21, 2026
October 19, 2026
November 16, 2026
December 14, 2026

DOWNERS GROVE TOWNSHIP ELECTED OFFICIALS

Supervisor
Kim Savage

Assessor
Gregory A. Boltz

Highway Commissioner
Tom Chlystek

Clerk
Mandy Roudebush

BOARD OF TRUSTEES

Kevin Szczerba
Karol Sole
Michelle Moreno
Richard Friel

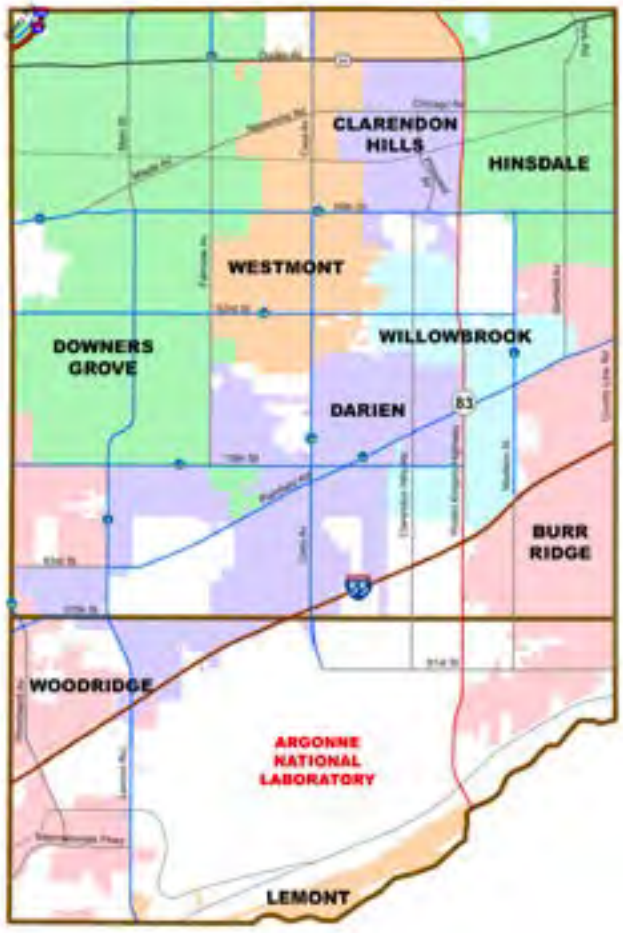
STAY CONNECTED!

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www.facebook.com/dgtownship

Follow us on Nextdoor: www.nextdoor.com

Sign up for our monthly newsletter
Email: humanservices@dgtownship.com

Visit our website:
www.dgtownship.com/senior-services/



Downers Grove Township Boundaries

Downers Grove Township is the largest township in DuPage County and covers the following areas: east to County Line Road, west to Woodward Avenue, north to 39th Street and south to the I&M Canal. Located in the southeast corner of DuPage County, the Township's jurisdiction includes the communities of

Burr Ridge
Clarendon Hills
Hinsdale
Darien
Downers Grove
Lemont
Westmont
Willowbrook
and Woodridge